



Don Williams Jackie Brookbank Helen Carter Teresa Gray Richard Sullivan



Teresa Graham Toni S. Hart Sandy Hughes Maria Fisher John Hume

## Eleven Selected To Vye For Homecoming Crown

A total of 628 students voted in the 1984 Mohrhead State University Homecoming Queen election yesterday. The top eleven vote getters were announced yesterday morning after the polls closed at 5 p.m.

The top eleven were Lisa Adams, nominated by Sigma Sigma Sigma, Jackie Brookbank, nominated by Delta Gamma, Helen Carter, nominated by

Phi Kappa Phi, Teresa Gray, nominated by Alpha Epsilon, Richard Sullivan, nominated by Theta Chi, Toni S. Hart, nominated by Chi Omega, Maria Fisher, nominated by Tau Kappa Epsilon, Debbie Stone, nominated by Gamma Phi Beta, Sandy Hughes, nominated by Gamma Phi Beta, and Vicki Taylor, nominated by Sigma Alpha Epsilon.

## Moffett/Rusher Open Lecture Series With Debate On Presidential Race; Issues

By JAMIE BOWLING  
Staff Writer

Mohrhead State University's Fall 1984 Concert and Lecture Series began Thursday, Oct. 4 with a debate between conservative lecturer/debater William Rusher and self-described liberal democrat Toby Moffett. Approximately 500 people were in attendance.

Rusher has been a spokesman for the PBS series "The Advocates" and a regular on the ABC "Good Morning America" segment, "Face Off." His column, "The Conservative Advocate," is published three times weekly and he is the author of "The Making of the New Majority Party" and "How to Win Arguments." A Moffett is the organizer of the Citizens' Action Movement and chairman of the Defense Dialogue Group, which works with the Freeze Movement in Washington lobbying efforts. He is a former congressional congressman and has made several appearances on CNN's "Crossfire"

and "Election Watch '84." Moderating the debate was Dr. John Kleber, a professor of history and director of the Academic Honors Program.

The debate opened with each man giving a five-minute statement. Rusher spoke first and addressed the major issue of the federal deficit in his opening statement saying, "The trouble with the deficit issue from the democratic standpoint is that I think it cuts in the republican direction. Every poll I've ever seen has indicated that the American people tend to think of the Democratic Party as the party with a heart and the Republican Party as the party with a head."

"If you're worried about statistics, if you're worried about figures, if you're worried about budget balancing," he continued, "Then what in Heaven's name are you going to do? There is Walter Mondale and Tip O'Neill? Does that sound like a recipe for fragility?" Just as Rusher pulled his punches on Mondale, Moffett offered

criticism of President Reagan in his opening statement. "We've all heard the Reagan slogans," he said, "and it is obvious that they operate basically on one-liners and on carefully reading the script and being program-

atic. He also attacked Reagan's increased employment figures, saying that although more people are working, "We have former IBM executives as floorwalkers at J.C. Penney's. We have MBA's serving Big Macs." Commenting on the nuclear arms race he said, "We are precariously close to blowing ourselves up by accident."

Following the opening statements Moderator Kleber posed questions to the two. The first question dealt with the separation of church and state.

Moffett answered first, "I think that what we saw in Dallas was disturbing," he said, "I think Jerry Falwell boasting to the press that 'we... will have two Supreme Court appointments in the next administration' is a little frightening to all of Americans and probably should be." He said he thought Reagan's mixture of church and state made the public uncomfortable but added "people are equally uncomfortable with Mondale talking about it and spending three weeks of the campaign on it."

Rusher supported Reagan in his response. "I think he believes that the American people are ready, and ought to be ready, for a quiet, simple, new recognition that this is a nation under God. That doesn't mean that anybody has to believe a particular thing. It does mean that he favors... a return to that recognition."

Rusher addressed the second question on taxes and the economy by saying there are two ways to help the economy — cut taxes to stimulate economic growth or raise taxes, as Mondale proposes, to meet the deficit but discourage economy. "The only thing you could haggle over is which fork of the road you go down," he said, "and Mr. Reagan went down the road of stimulus to the economy."

Moffett said Reagan, if reelected, would raise taxes also. "I think one of them is telling the truth and the other is fudging the truth," he commented.

Kleber's third question dealt with continued On Page Three

## Reorganization Plan To Save University \$500,000 Next Year

More than \$500,000 in administrative costs will be saved beginning in fiscal year 1986 because of President Reinhard's reorganization of the university structure.

The entire amount, of course, will not be saved from the overall budget because of additional teaching costs due to personnel reassignment to faculty positions. Still, even after reassignment costs, a total of \$262,300 is the potential net savings for fiscal year 1986.

This is a breakdown of the numbers. Administrative savings include: One vice president's (BURS) salary and operational costs save \$63,415; three deans/six schools made into three colleges/salaries and operational costs save \$174,600; seven department heads' (\$24 to 17

departmental salaries and operational costs at \$359,000; and 13 secretarial positions deleted (two, one is terminated, the secretaries have been reassigned) at total salaries of \$166,000. The total reduction is \$763,315.

Positions added in the reorganizational structure include: two assistant vice presidents (for academic affairs and administrative and fiscal services) at salaries and operational costs of \$107,600; and two secretarial positions for the assistant vice president at salaries of \$23,500. The total positions added cost is \$131,100. That cost is deducted from the reduction of \$763,315.

Because of the complexity of assessing teaching loads and equivalent costs, the breakdown of the costs of administrators returning

to the faculty will be explained simply by saying that the total cost to the instructional side of the budget is \$634,560. Because much of that cost will be saved in not having to hire faculty members in addition to the administrative returns, the actual cost to the instructional side is \$372,260. Thus, that the actual instructional cost subtracted from the administrative savings of \$532,115 leaves a total annual savings of \$262,300 for the University beginning in fiscal year 1986.

These figures are, of course, based on estimates for salaries and fringe benefits that will be offered to several positions being filled by national searches. The actual salaries, and subsequent costs and savings, may vary, but only slightly.



Photo: Mike Hanson

## Mid Terms of Endearment

Rhonda Stillner, Frenchburg senior, takes a break from one of her all-night study sessions in preparation for mid term exams this week, Oct. 22 will be the last day for students to officially drop classes from their schedule. See the mid term story on page three for more information and changes regarding mid term.

## Lounge Construction Underway; Will Replace Fountain At ADUC

By LEE EMMONS  
Staff Writer

Construction of a lounge area is underway on the Adron Doran University Center's first floor. The fountain which was in the front area of the first floor has been moved to the sculpture garden at the art department.

According to Jack Henson, director of the University Center, concrete will be poured in the rockbottom square, bringing it up to floor level. Royal blue carpeting will be laid; lamps and ultramodern, contemporary-style tables, chairs and couches will be placed in the area. A chandelier will hang from the second floor ceiling to the center of the lounge area below.

Henson said, "We think it will be a very attractive addition to the University Center. We feel very positive and excited about the renovations."

Porter Dailey, acting vice president of Adult Affairs, is in charge of the renovation project, and Tom Sernal, chairman of the art department, has aided in planning for an ultramodern lounge.

This is an artist's sketching of the new lounge which will replace the fountain in the front entrance at ADUC.

## Homecoming Celebration Begins Sunday With Karnival

Mohrhead State University will welcome its alumni back to campus in an eight-day homecoming celebration for 1984. Beginning Oct. 14 with a Kickoff Karnival, the celebration has everything from search committee personnel for individuals wearing buttons indicating they are MSU alumni. Students finding the most number of graduates will be eligible for prizes awarded by the Alumni Association, Inc. Prizes will be given to first through fifth place finishers.

Blue and Gold Day, a day of school spirit activities, will be Wednesday, Oct. 17. Members of the university community will be encouraged to wear school colors. During the day, eight people will be designated as "mystery Eagles." Asking the right person if they are a "mystery Eagle" will result in a gift from the Alumni Association, Inc. Culminating the day of school spirit is a pep rally at 7:30 p.m. in front of Camden - Carroll Library. Prizes are to be awarded for the most unusual costumes at the rally. Head Football Coach Bill Baldrige and his staff will serve as judge in the contest.

The Homecoming Forum, a luncheon event featuring a well known speaker, is set for Monday, Oct. 15, in front of Button Auditorium. The Karnival is open to the campus and community residents.

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Yes, Bulimia Effects Males; Too

## Anorexia, Self-Starvation, Is An Illness Which Can Kill

By DALE CONVERS  
Staff Writer

This article resulted from an interview with a male anorexic at Morehead State. His real name is withheld and he will be referred to as John Doe.

"I know that I have a problem," says John said, as he drew off his cigarette. "I'm trying to work it out, but it takes a long time to do that. I've been working on it for over a year now and yes, I do feel like a freak."

John suffers from bulimia, an eating disorder.

There are several types of eating disorders which have been categorized. There are, however, two basic ones that should be defined: bulimia and anorexia nervosa.

Anorexia nervosa can be defined as a "nervous lack of appetite." This definition, however, is actually inaccurate because most anorexics deny their illness; it is assumed since they

do not eat, they are not hungry. But most are hungry, subconsciously concealing their hunger and dealing with it in ways other than eating.

Fantazizing about food, looking at pictures of food and reading a cookbook rather than eating are some of the ways an anorexic will keep from eating when they have an intense desire for food.

An anorexic's problem starts with diet which in the end takes over his/her entire life. Most of the people who become anorexics are not overweight to begin with but see themselves as such. The person may suffer from a 15 to 22 percent loss of weight before they are able to admit they do have a problem.

Bulimia can be categorized with anorexia nervosa but it is not the same. Bulimia is not self-starvation, but is the act of binge eating large amounts of food, then purging. Purging can be done by self-induced vomiting, taking emetics, diuretics or large amounts of laxatives; by exercising excessively and/or fasting. Most bulimics consume 10,000 calories or more when bingeing. After the person henges they purge in response to the unbearable guilt they feel. Unlike an anorexic, a bulimic is either overweight, normal weight or underweight.

It has been estimated one out of 20 women suffers from this disorder. The percentage of men who have these disorders is not known because of the male's fear of admitting he does have a problem. Like John, his fear of being classified as a freak could be one of the reasons why a man would not admit that he has an eating disorder.

But times are changing; the number of male anorexics is raising due to the super thin male model or actor. Men are beginning to feel that they need to stay thin and in top physical shape to be accepted in today's ever-changing society.

"Times have changed, that is why I believe there are going to be more male anorexics," said Mary Jo Netherland, a French professor at Morehead State University. "Men didn't used to care because their claim to fame had nothing to do with whether they had a belly or not. Their claim to fame had to do with how well they became professionally; how much money they made and how well they were able to provide for their families. But now, in addition to that, they are also held accountable for having a flat stomach."

Netherland suffered from anorexia early in her life. She has now overcome her problem and has started a

group at Morehead State to help others overcome their eating disorders.

### CAUSES

There are several causes which have been related to these disorders. Three shall be mentioned briefly in the conclusion of this report.

1. The most common ages for anorexia to occur are 14 and 17 years of age. The onset of adolescence and the rejection of the person's new body during puberty seems to be the major cause of these disorders at the age of 14.

2. At the age of 17 a person has to choose their career objective—whether to go to college or to start working. At this point in a person's life he/she is under a lot of pressure; also there is a search for his/her own identity. Everyone copes with this pressure in their own way—some turn to drugs or alcohol, others refuse to mature and take on their responsibilities, and some become anorexic.

They feel the only way they can be accepted in today's competitive world is to be thin. This point is where an anorexic becomes heavily reliant on others' opinions and thus:

### REJECTION

Most anorexics live in constant fear of rejection. Their whole life revolves around someone else's view of them. Simply having an enthusiastic greeting ignored by a person who is not in a favorable mood that day can have a devastating effect on an anorexic.

John spent most of his life being compared to his twin brother. "I've always had to live up to my brother's level," said with a pained look in his eyes.

When he came to Morehead State University, John was alone. He no longer had his brother there setting the expectations by which he was supposed to live. John began to search for a person who would finally separate him from his brother.

His search led him to anorexia—a search for the point between fat and thin in which he thinks society will accept him. John's weight a year ago was 150 pounds, now he weighs in at 125. He still feels he hasn't reached the point—the point at which society will accept him. But at least he was able to see that he does have an eating problem.



Captivity John Doe

"Rejection. It all boils down to rejection. Dale. If I feel that someone has rejected me, I become depressed and I binge," he said as he searched his face for an understanding of his problem, a look that I hope he saw.

Facts and figures given in this report were derived from a report written by Netherland. Also thanks to John Doe, the male anorexic on talk to, for having the ability to talk to a reporter about his problem.

## In America 'Thin Is In'

By PAM HARBILL  
Staff Writer

In our society today, "thin" is most definitely "in." Pick up any fashion magazine and you see it. Pencil thin models, the "ideal" women.

Advertising companies have consistently made being thin the perfect goal for all modern women. They give the impression that thin women always get the best man, the best job, the good life. These are the images made by advertisers through the media.

Our society's obsession with thin has led to severe consequences for the young women of America in the form of anorexia nervosa.

Anorexia nervosa is an eating disorder which involves self starvation. Many people are unaware of the seriousness of this disorder. It is not only physically destructive to the body but also takes a great emotional toll on the victim as well.

Ninety to ninety-five percent of all anorexia victims are women. Most of these are between the ages of 14-18, but there are many cases of younger and much older women who have been victims of the disorder.

The background of an anorexic is often this: they are highly competitive perfectionists; they have a

great drive to be the best. They often come from families with histories of depression and may be expected to be high achievers but are seldom given encouragement or direction from family members. They, usually have a very low self esteem, one of the most common characteristics of anorexia.

They may be slightly overweight, but most anorexics are at normal or near normal weight when they begin dieting. The diet may begin at 600 to 800 calories daily, but as their obsession continues they may consume less than 200 to 300 calories per day. Many das the anorexic may fail.

Anorexia means "lack of appetite," but most anorexics are always intensely hungry. Most anorexics also exercise heavily. Their whole lives are centered around food and exercise. Every time an anorexic looks in the mirror she sees a distorted image instead of what others see. To herself she is fat, huge and ugly, to others she is becoming an emaciated skeleton. She usually becomes withdrawn and irritable.



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# "Our Town" Reflects Feelings Of Our Time

By DEBRA WRIGHT  
Staff Writer

"Our Town," by Thornton Wilder, will open at Button Auditorium Thursday, Oct. 11, at 8 p.m. The play is the first show of the season for the Morehead State University school of theater, and takes place on a proscenium stage, one largely bare of props with no scenery, relying heavily upon the actors' improvisation, the imagination of the audience and on the raw nerve and intelligence of lighting and costuming directors.

Grove's Corner, New Hampshire, is "our town" at the turn of the cen-

tury. Dr. Travis Lockhart, assistant professor of theater, describes the play as a story of everyday life, of the ordinary things — the small things. "Wilder is saying these events link us together as people — the parts of life which are common, yet so beautiful."

The story follows the lives of two families, neighbors, over 15 years, using the romance of Emily and George, the two families' children, as a thread to lead the audience through (three years). Each scene is constructed with a series of conversations between families, friends and lovers.

The conversations are the kind which although given different names and places, have been repeated many

thousands of times between people throughout time. Wilder's endearing, gentle characters give fresh life and charm to the subtle, almost distracted expressions of love we lose one another daily.

The two families in the story are the Webbs and the Gibbs. Emily Gibbs and George Webb, the neighbor children who go from math homework to marriage together, are played by Mindy Reed, a sophomore from Louisville, and Bob Stafford, a junior from Vanceburg. Reed and Stafford play their characters with intimacy and exuberance. They and Susan Johnson of Portsmouth, Ohio, who plays George's exasperating younger sister, Rebecca, are the

forces who take the play aloft.

Bill Nichols, a Louisville graduate student, steps in and out as narrator leading the audience through the play. He does an outstanding job of capturing the audience's attention and keeping them involved in the play.

Mark Phillips, a senior from South Point, Ohio, provides comic relief in "Our Town" in a brief but delightful appearance as Grove's Corner's elderly Professor Willard, the local historian.

Dr. Charles Grimsie, technical director and lighting and scene designer, and Doug Salsburg, stage manager, spent 14 hours rewriting

the lighting for the show on Monday of opening week because of trouble in the decrepit lighting system.

Grimsie said, "We have a lighting system which was only half completed (five years ago), we have limited credits and now we have Grimsins in

the system somewhere making the lights fade in and out."

Dr. Lockhart described the play as "a very difficult show, technically one of the hardest, with an incredible amount of work in light and sound and in costumes created by Tavia Biggs."

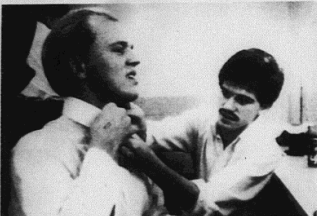


Photo: Mike Hansen  
Jeff Caswell, a senior from Falmouth, and junior Thomas Stafford from Camp Dix prepare for the dress rehearsal of "Our Town."



Photo: Mike Hansen  
Dr. Charles Grimsie, the technical director, says "Our Town" is one of the hardest shows done here at MSU.

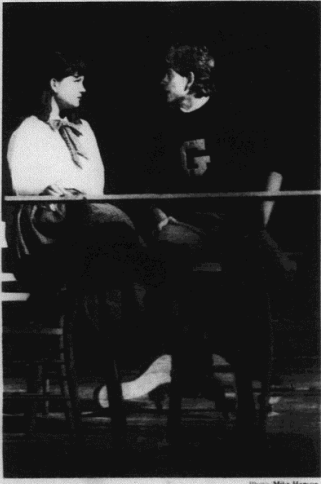


Photo: Mike Hansen  
Melinda Reed, a sophomore from Louisville and Bob Stafford, a junior from Vanceburg, star in Thornton Wilder's "Our Town."



Photo: Mike Hansen  
Stage manager Doug Salsburg, a senior from Wheelwright makes final corrections at Monday night's dress rehearsal.

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## Eagles Lose Fifth Straight To Austin Peay

By LORI KIRK AID  
Sports Editor

The Morehead State University Eagles dropped their fifth game straight 21-14 against the Golden Eagles of Austin Peay in Clarksville, Tenn.

As has been the case during the last five games, MSU let Austin Peay get into its front early, scoring two

touchdowns before the end of the first quarter.

On the second play during the Golden Eagles' first drive of the game, Floyd Jones ran a 63 yard touchdown run, giving APSU an early seven point advantage. The Golden Eagles scored again during the first quarter with a nine yard touchdown pass from quarterback Vince Allen to Rob Smith, making the score 14-0 going into the second quarter.

The Eagles made up for lost ground in the second quarter with a four yard pass to Todd Short for the

touchdown. An interception by Rick Calcutt set up MSU's second touchdown only a minute and a half after the first.

Although both teams didn't score again during the third quarter, MSU's second of three fumbles during the fourth quarter set up their winning touchdown. Allen's 33 yard pass to Terry Gentry brought the score to 21-14.

"I thought we had a lot of momentum going into the half. We played a bad first quarter and a bad third

quarter. We get in a position where we're trying to keep from losing instead of finding ways to win," said Head Coach Bill Badalano. "Our offense turned the ball over too many times."

The Eagles travel to the Rubber Bowl of the University of Akron this weekend to try to capture their first win in Ohio Valley Conference play. The Zips have only lost to MSU once during the history of the series between the two times and that was in 1975. The Eagles were defeated last year 31-10.

## Tennis Players May Go Professional

By JEFF SPRADLING  
Staff Writer

Bea Mayhew, coach of the Lady Eagles tennis team, stated in a recent press release that she has three players that have the potential to play professionally.

These players are all foreign

students and are currently seeded one, two, and four on the squad.

They are respectively, Angela Longo, a sophomore from Zimbabwe; Sally Anne Birch, a senior from Zimbabwe; and Helen Curtis, a senior from England.

They all express interest in the pro circuit, but are cautious in predicting their chances as professional tennis players.

"I may make the circuit but it's going to take much practice and hard work. The pro circuit is tough. They never stop fighting no matter how far down they are," said Longo, who has played against professional players in the past.

Helen Curtis, the fourth seed, said she would attempt to make the circuit when she leaves MSU in May.

"I'm moving to Texas, where ten-

nis is hot, to improve my playing," Curtis said.

Birch, who will graduate in May, says she will also try the pro circuit. "I'm going to try the satellite circuit (semi-pro) first. I've played in several tournaments in Africa that have helped me improve towards that goal," Birch said.

All three said that playing highly aggressive and competitive American tennis players has helped them improve.

There is much depth in American tennis and American players cope better with pressure," Curtis said.

The women's tennis team beat Murry State 7-2 in a conference match this past weekend; Longo, Birch, and Curtis all won their matches.

## Volleyball Drops Three In OVC Play

By DIANA PIERCE  
Staff Writer

The Lady Eagle volleyball team faced its first Ohio Valley Conference competition of the season Friday and Saturday at Akron, Ohio. MSU lost all three of its overall, dropping its record to 6-6 overall and 0-3 in the OVC.

"Disappointed is the only way I can describe it," said Head Coach Jim McClellan. "We thought we

could win three, but to lose three is a big disappointment."

The Lady Eagles lost to Youngstown State University 3-15, 13-15, 13-15; Eastern Kentucky University 8-15, 7-15, 4-15; and the University of Akron 15-14, 15-14, 15-9, 10-15, 10-15.

McClellan said they just underestimated the much improved Youngstown team. He added that they played well against EKY and Akron.

"This puts pressure on the next

time we meet," McClellan said. "The next time we meet we have to win to get into post season play."

That chance will come again on Oct. 19-20 when the four teams play again in Richmond.

Things are positive for the Lady Eagles though. McClellan pointed out that it is relatively early in the season and all 10 players have practiced together, for the first time in two to three weeks after being hampered by injuries.

The Lady Eagles are on the road for the next three weeks. They will play the University of Alabama-Birmingham, the University of New Orleans, Tulane University and Nicholls State University respectively.

## Intramurals

**Women's Independent League (Finals)** Our Team, 4-0; Bandits, 1-1; ROTC, 2-2; Wesley Ambassadors, 0-1; Nunn Better, 0-4.

**Men's Fraternity League (Finals)** Delta Tau Delta, 2-0; Sigma Alpha Epsilon, 1-1; Theta Chi, 0-2.

Our Team finished the season with a perfect four win and no loss record to edge out the Bandits who finished with three wins and one loss. ROTC finished third with a two win and two loss record. Wesley Ambassadors finished with one win and three losses.

Both the women's team, consisting of event athletes, and the men's team, with nine team members, are looking for a challenging next this weekend at Berea. Williams and several other teams will be at the meet, including Northern Kentucky University and Eastern Kentucky University.

The following teams have scheduled a meet for homecoming weekend; however, plans may be rearranged and the teams may travel to Paducah for a meet on Saturday, Oct. 20.

## Cross Country Travels To Berea; Preparing For OVC Tourney

By DEBBIE POWELL  
Managing Editor

Morehead State University's men's and women's cross country teams will travel to Berea College this Saturday, Oct. 13.

Both teams placed in the past meet at Rio Grande in Ohio. The women placed third out of five teams and the men were fifth of eight.

According to Kenny Williams, a sophomore who has been on the team for two years, both teams are working hard and trying to place well in all meets in preparation for the Ohio Valley Conference tournament Oct. 27.

He said Coach Robert Willey is

really working on rebuilding both teams for the tournament.

The OVC tournament had originally been scheduled to be held at Austin Peay; however, the event is possibly being rescheduled to Murray State University or MSU, according to Williams.

Both the women's team, consisting of event athletes, and the men's team, with nine team members, are looking for a challenging next this weekend at Berea. Williams and several other teams will be at the meet, including Northern Kentucky University and Eastern Kentucky University.

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