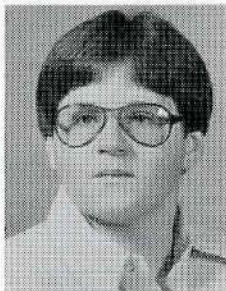


Women's Track 1981

**Morehead State
University**

Coach Mary Silvani



As the 1981 indoor-outdoor track season begins, Coach Mary Silvani thinks she may have found the right combination for a successful campaign.

Silvani, a native of upstate New York, joined Morehead State's coaching staff in January, 1980. A graduate of Eastern Kentucky University, she has held positions as part-time instructor at both EKU and Berea College.

She received a B.S. degree in secondary physical education, an emphasis in athletic training, and an endorsement in coaching while at EKU.

While working on a master's degree in health education at EKU, Silvani served as a graduate assistant for the Colonels' women's track team.

Silvani is assisted by Greg Threat.

Outlook

Coach Mary Silvani enters the 1981 track season with strong returning athletes and recruits.

"We have a lot of talent and potential in both recruits and returning members," Silvani said. "With determination and hard work plus team effort, we should do well."

Among the top newcomers are Tammie Mason, a sophomore sprinter from Port Orchard, Wash., and Susie Horner, a sophomore sprinter from East Wenatchee, Wash.

Freshman recruits expected to add to the team's strength are Priscilla Blake, a sprinter from Cincinnati and Phyllis Cook, a sprinter from Winter Haven, Fla. Linda Newsom, a freshman from Suffern, N.Y., is expected to add depth in the middle distances.

Top returnees include Barb Ferris, a junior who was selected to the all-OVC team in both cross country and track; Pat Reynar, a sophomore who qualified for last season's national AIAW indoor meet in the shot put; and Donna Smitherman, a sophomore who set a new indoor record in the 55-meter hurdles.

"My aspirations are to develop the women's track program here and make it the best in the state," said Silvani.

The Lady Eagles open the season with the Hall of Fame Relays at Huntington, W. Va.

1981 Roster

Name and Class	Event	Home town
Priscilla Blake, Fr.	sprints	Cincinnati, Ohio
Laura Bonner, Fr.	sprints	Chillicothe, Ohio
Susie Brutscher, Jr.	sprints-long jump	Louisville, Ky.
Phyllis A. Cook, Fr.	sprints	Winter Haven, Fla.
Mary Charles Crockett, So.	hurdler	Frankfort, Ky.
Cassandra Delay, Sr.	distance	Mt. Sterling, Ohio
Bonnie Ferrel, Fr.	sprints-long jump	Paris, Ky.
Barb Ferris, Jr.	middle distance	Columbus, Ohio
Tamie Fraser, Fr.	middle distance	Gallipolis, Ohio
Frances Kirk, Fr.	sprints	Maysville, Ky.
Susie Horner, So.	sprints	East Wenatchee, Wash.
Diane Long, Sr.	distance	Palm Beach, Fla.
Tammie Mason, Jr.	sprints	Port Orchard, Wash.
Linda Newsom, Fr.	middle distance	Suffern, N.Y.
Kelly Niecke, Fr.	sprints	Bellebrook, Ohio
Elisa Pendleton, Fr.	sprints	Louisville, Ky.
Lori Phillips, Fr.	sprints	Chillicothe, Ohio
Pat Reynar, So.	shot-discus	Sloatsburg, N.Y.
Del Jean Ross, Sr.	shot-discus	Xenia, Ohio
Cindy Rust	sprints	California, Ky.
Donna Smitherman, So.	hurdler	Detroit, Mich.
Sally Wampler, So.	middle distance	Whitesburg, Ky.
Naomi West, Sr.	sprints	Louisville, Ky.
Leslie Whelan, Fr.	distance	Crittenden, Ky.
Missy Wilcox, Fr.	distance	Ashland, Ky.

The Lady Eagles

Priscilla Blake, Fr. Cincinnati, Ohio

A talented young runner. Will add depth in the sprints. Runs the 100 meters in 12.1.



Laura Bonner, Fr. Chillicothe, Ohio

A walk-on with great determination and dedication. With improvement could be helpful.

Susie Brutscher, Jr. Louisville, Ky.

Has the potential to be a good runner with hard work and determination.



Phyllis Cook, Fr.
Winter Haven, Fla.

An extremely talented young runner. Is very likeable and coachable. Has high expectations.



Susie Horner, So.
East Wenatchee, Wash.

A well-coached and talented sprinter. Will contribute to the success of the team.



Mary Charles Crockett, So.
Frankfort, Ky.

Has potential to be an excellent hurdler.



Frances Kirk, Fr.
Maysville, Ky.

A freshman with a great attitude. Very coachable.

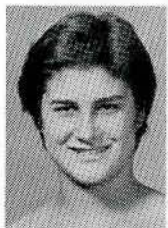
Cassandra Delay, Sr.
Mt. Sterling, Ohio

Hard working and dedicated runner. A good attitude.



Diane Long, Sr.
Palm Beach, Fla.

Two-time nationals qualifier. In 1979 she was second in the OVC and in 1980 was eighth.



Bonnie Ferrel, Fr.
Paris, Ky.

A serious and dedicated freshman. Has drive and determination.



Tammie Mason, Jr.
Port Orchard, Wash.

An experienced and talented sprinter. Will be a factor in the team's success.

Barb Ferris, Jr.
Columbus, Ohio

An excellent middle distance runner. Named to the All-OVC team in 1980. Best 800 meter time of 2:14 and best 1500 meter time of 4:39.



Linda Newsom, Fr.
Suffern, N.Y.

An excellent middle distance runner. Best time of 2:10 in the 800 meter and :56 in the quarter. Ranked in the top 20. 800 meter runners in high school. A national level runner.



Tamie Fraser, Fr.
Gallipolis, Ohio

Fine attitude. Very dedicated and determined.



Lori Phillips, Fr.
Chillicothe, Ohio

A walk-on with potential. Four years of high school track experience.

Pat Reynar, So.
Sloatsburg, N. Y.

National qualifier in the shot. A leading scorer. Placed second in the OVC in 1980. A very dedicated and determined thrower. Has the potential to rank number one in the conference and KWIC.



Leslie Whelan, Fr.
Crittenden, Ky.

A determined athlete.



Del Jean Ross, Sr.
Xenia, Ohio

A team leader. Experienced, talented athlete. Placed third in the discus in the OVC. Very coachable. Should go far this year. Best toss of 128 feet.

Cindy Rust, Fr.
California, Ky.

A talented young sprinter with potential.



Kerstine Victorin, Fr.
Duvnas, Sweden

Dedicated, hardworking runner. Has a lot of potential.

Missy Wilcox, Fr.
Ashland, Ky.

Will improve with experience. A member of the women's cross country team.



Donna Smitherman, So.
Detroit, Mich.

Has tremendous potential. A leading scorer. Should qualify for nationals. A very versatile middle distance runner and hurdler.

Sally Wampler, So.
Whitesburg, Ky.

A dedicated athlete. Has the potential to become a good distance runner.



Mary Lou Zuniga, Fr.
Paris, Ky.
Team Manager



Naomi West, Sr.
Louisville, Ky.

Experienced runner with drive and determination.

Greg Threat
Assistant Coach



Schedule

Indoor Season

January 16-17	Ohio State Invitational
January 24	WEST VIRGINIA UNIVERSITY UNIVERSITY OF LOUISVILLE EAST TENNESSEE STATE UNIV.
January 30	Purdue Invitational
February 6-7	Mason-Dixon Relays
February 28	OHIO UNIVERSITY EASTERN KENTUCKY UNIVERSITY MURRAY STATE UNIVERSITY MIDDLE TENNESSEE ST. UNIV.

Outdoor Season

March 21	Marshall Invitational
March 28	University of Virginia Invitational
April 4	Cardinal Relays
April 11	Murray State Invitational
April 17-18	KWIC State Meet
April 24-25	Becky Boone Relays
May 1-2	Ohio Valley Conference Meet
May 21-23	AIAW National Meet

Records

- Javelin—Keri Camarigg, 156-6¼, 1977
Long jump—Tina Guerin, 18-4½, 1979
High jump—Diane Villeneuve, 5-9, 1978
Shot put—Deanna Patrick, 49-8½, 1977
Discus—Deanne Patrick, 142-5, 1978
400-meter hurdles—Donna Smitherman, 1:07.2, 1980
440-yard hurdles—Donna Smitherman, 1:07.2, 1980
100-meter hurdles—Donna Smitherman, 15.1, 1980
100-yard dash—Cindy Cunningham, 11.3, 1975
100-meter dash—Karen Ross, 12.8, 1978
110-yard dash—Karen Jett, 13.0, 1977
220-yard dash—Julie Rice, 26.7, 1975
200-meters—Teresa Walker, 25.5, 1980
440-yard dash—Julie Rice, 58.0, 1976
400-meter dash—Teresa Walker, 58.0, 1980
880-yard run—Barb Ferris, 2:19.3, 1980
800-meter run—Barb Ferris, 2:14, 1980
Mile run—Alanna McCarthy, 5:01.3, 1978
1500-meter run—Barb Ferris, 4:39, 1980
Two-mile run—Alanna McCarthy, 10:44, 1979
3000-meter—Alanna McCarthy, 9:59.5, 1978
5000-meter run—Alanna McCarthy, 16:54, 1979
Three-mile run—Alanna McCarthy, 16:27, 1979
440-yard relay—49.9, 1978
400-meter relay—51.3, 1978
880-yard medley relay—1:49.9, 1978
800-meter relay—1:48.9, 1978
Sprint medley relay—1:54.8, 1978
Mile relay—3:58.8, 1980
1600-meter relay—3:59.1, 1980
Shot put relay—77-0, Debra Ames, Drema Little, 1976
Discus relay—188-9½, Drema Little, Hazel Hansen, 1976
Javelin relay—156-0, Dream Little, Hazel Hansen, 1976
Two-mile relay—10:05, 1980
55-meter hurdles—8.1, Donna Smitherman, 1980
Pole vault—8-6, Susan Brutscher, 1979