

DICTIONARY OF ROWAN COUNTY BIOGRAPHY

MOREHEAD MEMORIES - PEOPLE AND PLACES

ROWAN CITIZENS OF THE CENTURIES 1999

BY

JACK D. ELLIS

"A GOOD NAME IS RATHER TO BE CHOSEN THAN GREAT RICHES, AND LOVING FAVOR RATHER THAN SILVER OR GOLD." (PROVERBS 22:1)

As this millennium draws to a close, every one seems to be selecting their own list of outstanding people in almost every field of endeavor. Therefore, this writer, after a careful study of local history, and having lived through almost 75% of this century in this county, has selected a list of ROWAN CITIZENS OF THE CENTURY. These are people who have made an outstanding contribution to Rowan County.

SELECTION CRITERIA LISTED

Realizing that such a list is somewhat subjective, this selection criteria was based upon the length, breadth, and quality of service to community. Those individuals selected may have made a contribution in one or many ways. They may have spent a major portion of their productive lives in Rowan County, or otherwise enhanced this community. Each has made outstanding contributions in their field(s) of endeavor, and in so doing, have brought credit to themselves and this community. Their faithful endeavors have helped improve the general welfare, promote the common good, and enhance the economic, educational, social, and spiritual well-being development of Rowan County's citizens.

This writer would never be so presumptuous as to prioritize this list in order of importance. Therefore, those individuals selected are only listed, <sup>alphabetically</sup> with a brief description of their contributions. Therefore, the ROWAN COUNTY CITIZENS OF THE CENTURY <sup>that is included in THE ROWAN COUNTY BIOGRAPHY</sup> ~~DICTIONARY~~ were selected based upon the quality of their service to this

community. Each has spent a larger portion of their productive lives in Rowan County. Most of those selected are already well known. Many have been mentioned in this writer's earlier columns. But all have made major contributions to Morehead and Rowan County. Here are ROWAN COUNTY'S CITIZENS OF THE CENTURY:

① **WARREN M. ALDERSON** (1823-1903) - 35 year resident of Rowan County from 1868-1903. Merchant, realtor, banker, freight line owner, and community leader.

EARLY ENTREPRENEUR

Colonel Alderson is the earliest name on this list, and the first alphabetically. In 1871, he had one of two stores in Morehead. He also owned general stores in Elliottville and Sandy Hook. Also, he owned a freight line that, before the railroad came to Morehead, operated full-time between Sandy Hook, Morehead, Flemingsburg and Maysville. He hauled freight, mail, merchandise, and passengers, and was Morehead's outside link to the world before the railroad was built.

Colonel Alderson was the unofficial banker at a time when Rowan County had no bank. Also, Colonel Alderson dealt extensively in real estate holdings, and would finance the purchase of the real estate he sold. (275 real estate transactions in Rowan County). He sold 50 acres to the Morehead Normal School in 1899 for \$450, and financed it over a five year period. He loaned money to churches and businesses. He also financed other people's purchase of furniture, saw mills, horses, and cattle. (He always required mortgages on everything, and he financed ~~the~~ construction of the

First Baptist Church in Morehead in 1885.

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CALMING INFLUENCE DURING TROUBLED TIMES

During the Rowan County War, Colonel Alderson was highly respected by both factions. Although he was considered as a calming influence he was later accused by both sides of being friends with the other faction. He was robbed at gunpoint during the feud and forced to live in Mt. Sterling until the conflict ended.

Many Morehead citizens were forced to live in Mt. Sterling during those troubled times. Among those forced to leave for their own safety were Dr. J.L. Raine, James W. Johnson, Robert and James Nichell, William Trumbo, Z.T and Allie W. Young.

Colonel Warren M. Alderson was an early pioneer resident of Morehead. He was a banker, businessman, and early real estate entrepreneur. But he helped Rowan survive as a county when the legislature threatened to abolish the county. His eloquent testimony before the legislature helped save the county.

**ROBERT BISHOP** (1911<sup>2006</sup>). Drug Store Owner, Business Leader.

Bishop's Drug Store helped meet the medical needs of Rowan County over 90 years (1896-1986). The store was founded by Robert's father, C.E. Bishop; however, it was managed by Bob for 57 years following the death of his father.

SAW MANY CHANGES IN MEDICINE AND HEALTH CARE

Robert began his drug store work when prescription drugs were bought in bulk, weighed, and mixed by the druggist. They were usually in powder form and then they were poured into capsules for the patient. Robert Bishop loved Morehead as did his father and

grandfather before him. He unselfishly devoted his 57 years of service to the citizens of Rowan County. Therefore, the citizens of Rowan County have benefitted greatly by his devotion and service.

**FRANK C. BUTTON** (1863-1933), Educator, Minister of the Gospel.

Frank C. Button, along with his mother, Phoebe, and supported by the Christian Church, founded the Morehead Normal School in 1887. The school was founded out of the chaos caused by the Rowan County War (1884-1887). The two firmly believed that education and christianity could overcome the chaos caused by that infamous Tolliver-Martin Feud. Therefore, Mr. Button and his mother arrived in Morehead in September 1887, to begin a new adventure in discipleship.

SCHOOL AND CHURCH BEGAN TOGETHER  
Immediately following their arrival in Morehead, they founded the Christian Church and began working to build a church. Both the school and the church began to grow under Brother Button's leadership. He preferred to be known as Brother Button, and was called that by students and faculty.

By the beginning of the 20th century, the school enrollment had grown from 3 in 1887, to over 300 in 1900. The church was also flourishing, and the teachers were all active in the Christian Church. They were interested in spiritual as well as educational growth. Perhaps that was the reason both school and church grew so rapidly.

WITNESSED GREAT CHANGE IN TEACHER TRAINING  
In 1920, there emerged a demand for better teacher training,

and in 1922, Morehead Normal School, a private Christian School became Morehead State Normal School, a public institution. Brother Button was the first president of the Morehead Normal School and the first president of the new state college. However, he was dismissed in 1929, in a controversial dismissal. Mr. John Howard Payne was then selected as the second president of the college.

Brother Button had given forty years of his life to leadership in education, and the ministry of the church in Morehead. His service to the Christian Church and school forever changed the character and structure of Morehead the city, the college, and *the*

*Allegance of* Rowan County.

**C. LOUISE CAUDILL, M.D. (1912-1999) - Physician.**

Claire Louise Caudill, a native daughter of Rowan County, graduated from Morehead High School, Ohio State University, Columbia University, and the University of Louisville College of Medicine. After receiving her M.D. degree, she returned to Morehead and devoted her life to providing better health care for this region.

EARLY NEED FOR HOSPITAL RECOGNIZED BY DR CAUDILL  
In 1948, when Dr. Caudill began her medical practice, there was no government interference, few effective drugs, and an urgent need for medical care. Rowan County was in an isolated region of poor roads, poor transportation, and no hospital. At first she spent much of her time delivering babies in the homes of the patients. Then, she opened her own clinic in Morehead and brought her obstetric patients into that clinic for delivery. She soon

outgrew that facility and was determined to get a first class hospital in Morehead.

*ST CLAIRE HOSPITAL BECOMES A REALITY*

Dr. Caudill led the fight to bring a hospital to Morehead. After several failed attempts, she convinced the Sisters of Notre Dame to sponsor the hospital, and succeeded in seeing her dream become a reality. Morehead's beloved medical saint received many honors during her lifetime. Among those honors were: Academy of Family Practice, Family Practice Doctor of the Year (1974), County Doctor Museum, North Carolina Award County Doctor of the Year (1994), and many more.

*GAVE A LIFETIME OF MEDICAL CARE TO THE PEOPLE*

Dr. Louise could have lived anywhere and been successful, but she chose to remain in her native Rowan County. She never had any desire to live anywhere else, and when she was away for even short periods of time said, "I'm always glad to get back to the hills". Because of Dr. Caudill's commitment to community, Morehead is a much better place to live and work. She made a difference during her lifetime, and her influences continues through St. Claire Regional Hospital.

**ROY E. CORNETTE** (1903-1981) - Educator, Banker, Businessman

Roy Cornette grew up in Rowan County. He graduated from Morehead High School and Morehead College. He was a teacher, principal, and Superintendent of Schools in Rowan County. He led the Rowan County Schools system during the dark days of the depression, and the difficult days of WW II.

*ERN OF MANY CHILDREN AND FEW TEACHERS*

During Mr. Cornette's tenure as Superintendent of Schools

*He married Elsie Lee (Jug) Fork  
He was the daughter of "Mighty" E.  
He was the youngest of four children  
He was born in Morehead, Rowan County, NC  
He was a member of the Methodist Church  
He was a member of the Masonic Lodge  
He was a member of the Kiwanis Club  
He was a member of the Rotary Club  
He was a member of the Chamber of Commerce  
He was a member of the Lions Club  
He was a member of the Elks Club  
He was a member of the Moose Club  
He was a member of the Odd Fellows Club  
He was a member of the Grange  
He was a member of the FFA  
He was a member of the 4-H Club  
He was a member of the Future Teachers Club  
He was a member of the Future Farmers Club  
He was a member of the Future Nurses Club  
He was a member of the Future Engineers Club  
He was a member of the Future Scientists Club  
He was a member of the Future Lawyers Club  
He was a member of the Future Politicians Club  
He was a member of the Future Businessmen Club  
He was a member of the Future Doctors Club  
He was a member of the Future Lawyers Club  
He was a member of the Future Politicians Club  
He was a member of the Future Businessmen Club  
He was a member of the Future Doctors Club*

there was a shortage of everything but students. In fact, the largest number of students ever enrolled in Rowan County schools was 5,200 in 1939. That ~~was~~ <sup>remains</sup> the record for the number of students ~~in~~ in Rowan County ~~Schools~~. <sup>There was an extremely high teacher-pupil ratio during those years.</sup>

Superintendent Cornette was also a builder of schools. However, during his tenure he kept the schools open and built new buildings at Haldeman, Elliottville and Farmers.

MR CORNETTE SUCCESSFUL IN MANY OTHER ENDEAVORS  
Roy Cornette resigned his position as School Superintendent and became a successful businessman. He was one of the founders, and First President of the First Federal Savings & Loan Bank, and he along with Glennis Fraley, founded the highly successful Monarch Supply Store. Also, on February 18, 1955, Roy Cornette, Claude Clayton, Bill Sample and others started W.M.O.R., the first radio station in this region. (Mr. Cornette was the first Vice-President). <sup>also</sup> He was <sup>a</sup> member of the Morehead State College Bd of Regents.

Mr. Roy E. Cornette spent over 50 years involved in business and education in Rowan County. Throughout those years, he was active and involved in local, state, and national politics. He loved Rowan County and after his retirement had no desire to live anywhere but here. The educational, economic, and social climate in Rowan County has been enhanced by the contributions of Roy E. Cornette.

#### **W.E. "SNOOKS" CRUTCHER, 1918-1982**

From the time W.E. Crutcher, better known as "Snooks", arrived in Morehead, it was plain he had printers ink in his blood. He

began his long and illustrious career in the newspaper business as student editor of the Morehead College Student Newspaper, "The Trail Blazer".

MR CRUTCHER EXPANDS PUBLISHING BUSINESS

He soon dropped out of college and began working on the Morehead Independent. However he soon moved to the Rowan County News, where he soon bought the paper. In 1945, he purchased the Morehead Independent, and combined the two newspapers into one Rowan County News publication. In 1962, he changed the paper's name to The Morehead News. He also bought the Grayson Enquirer, Greenup News, and Olive Hill Times, plus other printing services.

Mr. Crutcher soon modernized the paper by converting from hot metal to cold type operation. At that time, there were only four such units in the nation. "Snooks" received many honors from his peers, eg. President of the Kentucky Press Associations) Also, he was active in political affairs, and was advisor to governors and presidents.

PUBLISHERS VISION BECOMES A REALITY

W.E. Crutcher used the power of the pen to publicize those people and projects in which he believed. He passionately promoted MSU, Dr. Adron Doran, the St. Claire Medical Center, Cave Run Lake and many others causes. "Snooks" also had a vision of what Morehead could become, through cooperative community effort. He saw the vision of a hospital, large university, and Cave Run Dam materialize. His constant editorials promoting those projects helped them to come to pass. He used the power of the pen to make Rowan County a better place to live, work and rear a family.



ROWAN

MOREHEAD MEMORIES  
CITIZENS OF THE CENTURY II

By  
Jack D Ellis

~~Rowan County a better place to live, work, and rear a family.~~

"~~Their wisdom and prosperity exceedeth the fame which I have heard~~"  
(I KINGS 10:7) Please Put First Paragraph of Citizens of Century I

DR. ADRON DORAN (1909 -2002) Educator, Legislator and Minister

In 1954, Dr. Adron Doran was appointed the seventh president of Morehead State College. Prior to that time, he had served four terms in the Kentucky Legislature including Speaker of the House in 1950. Also, he had 22 years experience as a teacher, principal, coach, and member of the Kentucky Department of Education before coming to Morehead.

FROM SMALL COLLEGE TO UNIVERSITY STATUS

The Doran era at Morehead State saw the school experience unprecedented growth of physical facilities, faculty, and students. Dr. Doran's dynamic leadership and political acumen brought the resources needed to move Morehead State from a small college to a medium-sized university. he can truly be recognized as Morehead State University's greatest president of the Twentieth Century.

FORMER PRESIDENT DORAN RECOGNIZED ON 90TH BIRTHDAY

During his 23 years at Morehead, Dr. Doran received many major awards and recognition. In 1959, he was named Kentuckian of the Year, and in 1966, was recognized as the Distinguished Kentuckian of the Year. Dr. Doran's birthday, September 1, 1970, was declared by the governor to be Adron Doran Day in Kentucky. He was also the recipient of the National Horatio Alger Award in 1970. Also, Dr. Doran's 90th birthday (September 1, 1999) was cause for honoring him for his many accomplishments while at Morehead.

President Doran is an active minister in the Church of Christ, and during his time in Morehead, was instrumental in establishing the Morehead Church of Christ. He has continued to preach during

his retirement years, and until a few days before his 90th birthday, was very active.

The Doran Shadow looms large over MSU, and therefore, looms large over the city of Morehead, Rowan County and the state of Kentucky. Therefore, since the college and community are ~~inextricably entwined~~ <sup>inextricably entwined</sup> ~~inextricably entwined~~ <sup>inextricably entwined</sup>, Dr. Adron Doran's contributions to this community will continue for centuries.

2 **ELISHA EDWARD MAGGARD** (1879-1948) - Entrepreneur, Manufacturer, Businessman

Mr. Maggard moved from Sandy Hook, Kentucky Morehead in 1903. <sup>at that</sup>  
<sup>time Morehead</sup> ~~The town~~ had a population of 450, and had no paved streets or utilities. The street lights burned kerosene, and Noah Kennard was the last Morehead Lamplighter. Mr. Maggard soon founded the Morehead Power Company. he then entered into a contract with the City to provide electricity to the residents. he built a dam across Triplett near the site of the present dam, and began to string power lines to the town. Soon Morehead became a city of lights (very dim ones).

<sup>MAGGARD OPENED MOVIE THEATER - FOUNDED FACTORY</sup>  
Mr. Maggard then opened a silent movie theater on Bishop Avenue. The movie projector was unsatisfactory to him because of the constant flickering. He perfected and patented a movie shutter that did not flicker. He then opened a motion picture projector factory on Trumbo Avenue (Morehead's first factory). The projector he manufactured was called the Cosmograph, and was a success for many years before sound projectors. Also, Mr. Maggard made a home

movie, that helped convince the Kentucky Legislature to locate the College in Morehead.

MR MAGGARD - MOREHEADS UTILITY MAN

In 1919, Mr. Maggard established the Morehead Telephone Company. Once again he began stringing wires to the homes of Morehead residents, and they became connected by phone. In 1922, Maggard, the utility man, began water and gas service in Morehead. He also founded the first ice plant in the county. In addition to all of those accomplishments, Mr. Maggard was a general contractor and built many homes and businesses in Morehead, and was one of the founders of the Citizens Bank.

LOCAL GENIUS - LIVED AND DIED IN MOREHEAD

Elisha Edward Maggard was called a genius by many of his contemporaries. He loved Morehead and refused to follow the doctor's orders and move to Arizona for his health. He said, "I'd rather die in Morehead than live in Arizona." He died in 1948 after 45 years in Morehead.

Elisha Edward Maggard helped move Morehead from a small village to a regional commercial center. He was known as Morehead's "Utility Man" because it was his leadership that brought Morehead those basic services needed to grow. His contributions continue to <sup>serve</sup> ~~serve~~ this community *to this day.*

**WARREN H. PROUDFOOT, M.D.** (1921-1991) - Physician, Surgeon,

Teacher, ~~School Board Member~~. *Warren H. Proudfoot was a beloved member of our Morehead Medical Community.*

A native of West Virginia, Dr. Warren Proudfoot moved his family to Morehead in 1963, when he became Chief of Surgery at St. Claire Medical Center. During the early years of the hospital, Dr.

Proudfoot worked night and day to provide surgical care for his patients. He seemed to take a personal interest in each of his patients, and always inspired hope to his patients, no matter how hopeless the case.

HARDWORKING, ACTIVE IN MEDICAL AND EDUCATIONAL COMMUNITY

A graduate of the prestigious Harvard Medical School, Dr. Proudfoot's skill as a surgeon was greatly admired by his colleagues, and deeply respected by his patients. He enjoyed teaching and working with young doctors, and served as Clinical Professor of Surgery at the University of Kentucky Medical School. His interest in young people was much broader than just in the field of medicine. Dr. Proudfoot was a member of the Rowan County School Board for 20 years, and served as chairman for 18 years. In that role, he provided the leadership needed to get the Rowan County Schools accredited by the Southern Association of Schools. Dr. Proudfoot recognized that a good school system was necessary in order to attract doctors as well as industry to this area. Vitally interested in public education, he served as a member of the Kentucky School Building Authority, and was chairman of the Kentucky School Board Association. He also served as a member of the Nominating Committee, and the Leadership Committee of the National School Board Association.

LIFE SAVING SKILLS USED AT EDUCATIONAL MEETING

During this writer's "library life", before retirement, I was at the American Library Association meeting in Dallas, Texas. During a dinner meeting, I sat across the table from the Library Director from Louisiana Technical University (L.S.U.). When he discovered I was from Morehead, he became very excited, and said, "Do you know Dr.

Proudfoot?" After I assured him I knew Dr. Proudfoot through my role as a volunteer chaplain at the hospital where he was Chief of Surgery, he told me this story.

He said, "I ~~am~~ a school board member in my local school district and two years ago, I attended the National School Board meeting in New Orleans. During one of the general sessions, I suffered a heart attack. They called for a doctor, and Dr. Proudfoot was the first to respond. Although I was unconscious, he gave me CPR and got my heart started. He rode with me to the hospital assuring me I would be all right. I owe my life to him. Tell him that, and tell him I asked about him." I did tell Dr. Proudfoot about meeting a man whose life he had saved, and he seemed pleased to hear from him. Many Moreheadians today can say the same thing about Dr. Proudfoot, ~~because~~ they are alive because of his skill.

DR. PROUDFOOT - COMPASSIONATE PHYSICIAN AND EDUCATOR

Dr. Proudfoot was a compassionate healer and community leader. He received many medical and community honors. He was active in his church and community. He served as Chairman of the Board of the Markey Cancer Center in Lexington, Medical Director of the Kentucky State Health Education Council, member of the American Medical Association, and the American College of Surgeons, and the Rowan County Medical Association. Dr. Proudfoot also was awarded honorary doctor degrees from Morehead State University and the University of Kentucky.

In almost 30 years of outstanding service to <sup>the</sup> medical and educational community of Rowan County, Dr. Proudfoot was <sup>a</sup> healer

and leader. This community has a higher level of medical care and education effort because of his dedicated leadership. His unselfish service to this community will continue through the St. Claire <sup>Regional</sup> Hospital and the Rowan County Schools.

**CORA WILSON STEWART (1875-1918) - Pioneer Educator**

Cora Wilson Stewart served as Rowan Superintendent of Schools 1902-1906, and 1910-1914. Born in Rowan County, she attended the local public schools. Early in her life, Cora seemed to have a burning desire to become a teacher and to help the children in Rowan County to learn to read and write. "

ROWAN SUPT. FOUNDED "MOONLIGHT SCHOOLS FOR ADULTS"  
During her second term a Superintendent, and with the support of volunteer teachers, she founded the Moonlight School program to help reduce illiteracy among adults. The schools were opened on moonlight nights so that those wanting to learn to read and write could see how to get over the hills and hollows. The program was extremely successful with ten times the numbers of adults enrolled than had been expected. Mrs. Stewart also wrote many books designed to teach adult~~s~~ subject matter as well as reading methods.

CORA STEWART RECOGNIZED FOR FIGHT AGAINST ILLITERACY  
Soon that concept ~~to~~ fight illiteracy gained state, national and international recognition. Cora Wilson Stewart received many accolades and awards for her contributions to the fight against illiteracy. Among those awards were: First Woman elected President of the Kentucky Education Association, and the first woman to be elected as Superintendent of Schools. (It was an

elected office and women could not even vote at that time.)

Mrs. Stewart also was chairman of state, national, and international anti-illiteracy organizations. She frequently testified before state and national congressional committees. Also, she was awarded the prestigious Ella Flagg, and Clara Barton Medals for her pioneering work in education.

ROWAN SCHOOL CHILDREN CALLED "MOUNTAIN JEWELS"  
Cora Wilson Stewart often referred to Rowan County School children as rough mountain jewels. During her tenure in Rowan County, she helped polish and shape those jewels through education. Her contribution to education can still be felt today in the fine schools in Rowan County.

~~MORE ROWAN CITIZENS OF THE CENTURY LATER.~~

# Morehead Memories — People and Places

## Rowan Citizens of the Century

### Part I

By Jack D. Ellis

"A good name is rather to be chosen than great riches, and loving favor rather than silver or gold." *Proverbs 22:1.*

As this millennium draws to a close, everyone seems to be selecting their own list of outstanding people in almost every field of endeavor. Therefore this writer, after a careful study of local history and having lived almost 75 percent of this century in this county, has selected a list of Rowan Citizens of the Century. These are the people who have made an outstanding contribution to Rowan County.

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#### Calming influence during troubled times

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Continued on Page C-2

## Pharmacy & Your Health



### Will Lowering Cholesterol Reduce the Risk of Stroke?

In addition to reducing the risk of heart disease, the National Cholesterol Education Program now reports that lowering total blood cholesterol levels may also decrease the risk of stroke. In some persons a healthy cholesterol level is achieved through dietary habits alone. In others cholesterol-lowering medicines may be needed if dietary measures alone prove to be inadequate.

Two prescription medicines recently approved by the US Food and Drug Administration for *stroke prevention* are *pravastatin* (pravachol) and *simvastatin* (Zocor). Medical researchers believe that these medicines, and possibly others in the same category, help stabilize plaques of cholesterol in blood vessels, preventing plaque rupture and the formation of clots. In a recent study of 4,159 persons who had experienced heart attack in the last two years, those treated with pravastatin experienced a 26 percent reduction in the risk of a stroke. In a larger study, persons treated with simvastatin daily had 28 percent fewer fatal or non-fatal strokes and transient ischemic attacks than those not treated. Studies evaluating whether or not these medicines can ward off a second stroke are ongoing.

CHRISTMAS HOUSE, etc.  
presents  
*Holiday Open House*  
Saturday, Nov. 13, 10 a.m.-5 p.m.  
Sunday, Nov. 14, 1-5 p.m.  
*Come see all the new exciting Christmas trees, decorations, gifts*



in Morehead.

### Calming influence during troubled times

During the Rowan County War, Colonel Alderson was highly respected by both factions. Although he was considered as a calming influence, he was later accused by both sides of being friends with the other faction. He was robbed at gunpoint during the feud and forced to live in Mt. Sterling until the conflict ended.

Many Morehead citizens were forced to live in Mt. Sterling during those troubled times. Among those forced to leave for

begin a new adventure in discipleship.

### School and church began together

Immediately following their arrival in Morehead, they founded the Christian Church and began working to build a church. Both the school and the church began to grow under Brother Button's leadership. He preferred to be known as Brother Button, and was called that by students and faculty.

By the beginning of the 20th century, the school enrollment had grown from three in 1887 to over 300 in 1900. The church was also flourishing, and the

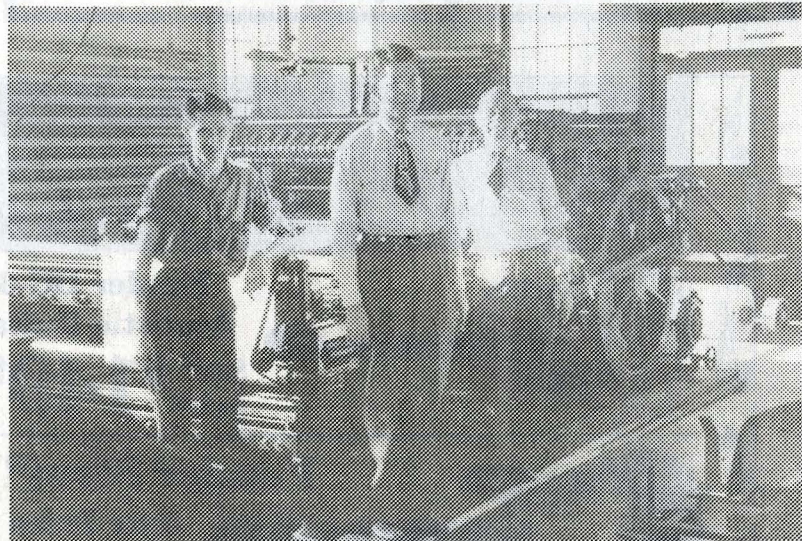
Bishop's Drug Store was an important part of Morehead's business community for 90 years. Robert Bishop managed the drug store for over 60 of those years.



Roy E. Cornette was Rowan County Schools Superintendent from 1934 to 1946. He also founded Monarch Supply Store, First Federal Savings and Loan and helped begin the radio station WMOR.

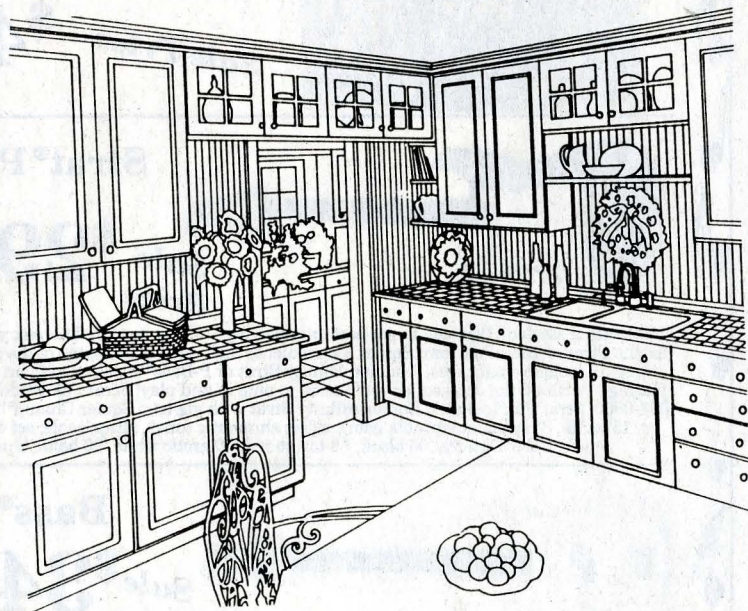


Dr. C. Louise Caudill, beloved physician and founder of the St. Claire Medical Center in 1963.



Carl Messer, Snooks Crutcher and Ed Thompson stand before their newspaper press with which they printed *The Rowan County News* at Morehead in January 1948.

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presents  
*Holiday Open House*  
Saturday, Nov. 13, 10 a.m.-5 p.m.  
Sunday, Nov. 14, 1-5 p.m.

*Come see all the new exciting Christmas trees, decorations, gift ideas and Vera Bradley handbags & accessories for the holidays*

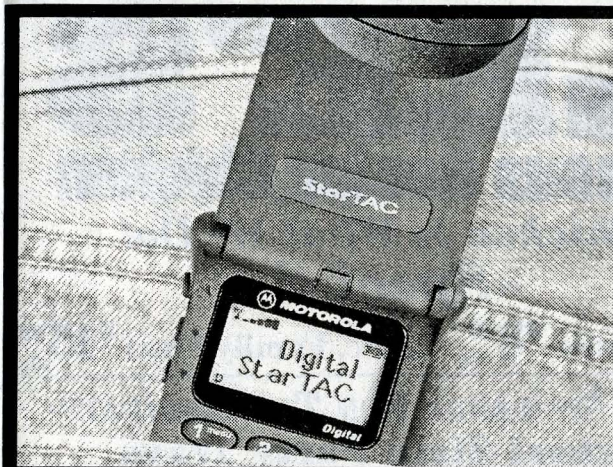
Regular Holiday Hours: Mon.-Thurs. 10-6,  
Fri. 10-8, Sat. 10-5 and Sun. 1-5  
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(606) 497-0278

bilize plaques of cholesterol in blood vessels, preventing plaque rupture and the formation of clots. In a recent study of 4,159 persons who had experienced heart attack in the last two years, those treated with pravastatin experienced a 26 percent reduction in the risk of a stroke. In a larger study, persons treated with simvastatin daily had 28 percent fewer fatal or non-fatal strokes and transient ischemic attacks than those not treated. Studies evaluating whether or not these medicines can ward off a second stroke are ongoing.

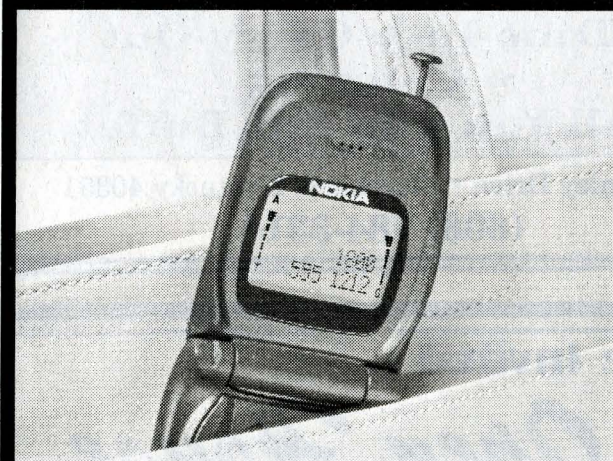
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\* Advertiser price requires minimum service commitment with a local authorized carrier, credit approval and may require activation fee. A monthly service fee, long-distance fees and charges for airtime will be made. Carrier may impose a penalty fee for early termination. If you terminate service within 120 days of activation, to avoid a \$200 charge from RadioShack, you must return the phone.

# Memories —

Continued from Page C-1

back to the hills.”

Because of Dr. Caudill's commitment to community, Morehead is a much better place to live and work. She made a difference during her lifetime, and her influences continue through St. Claire Medical Center.

**Roy E. Cornette** (1903 - 1981): Educator, banker, businessman.

Roy Cornette grew up in Rowan County. He graduated from Morehead High School and Morehead College. He was a teacher, principal and Superintendent of Schools in Rowan County. He led the Rowan County School System during the dark days of the depression and the difficult days of World War II.

### Era of many children and few teachers

During Mr. Cornette's tenure as Superintendent of Schools there was a shortage of everything except students. In fact, the largest number of students ever enrolled in Rowan County schools was 5,200 in 1939. That was the record for the number of students ever in Rowan County schools.

Superintendent Cornette was also a builder of schools. However, during his tenure he kept the schools open and built new buildings at Haldeman, Elliottville and Farmers.

### Mr. Cornette successful in many other endeavors

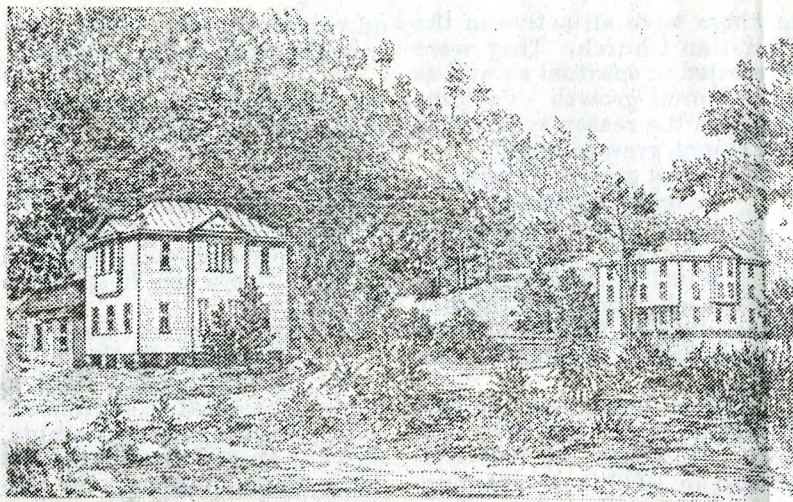
Roy Cornette resigned his position as school superintendent and became a successful businessman. He was one of the founders and first president of the First Federal Savings & Loan Bank, and he, along with Glennis Fraley, founded the highly successful Monarch Supply Store.

On Feb. 18, 1955 Roy Cornette, Claude Clayton, Bill Sample and others started WMOR, the first radio station in this region. Mr. Cornette was the first vice president of the radio station and was also a member of the Morehead State College Board of Regents.

Mr. Roy E. Cornette spent over 50 years involved in business and education in Rowan County. Throughout the years, he was active and involved in local, state and national politics. He loved Rowan County, and after his retirement had no desire to live anywhere but here. The education, economic and social climate in Rowan County has been enhanced by the contributions of Roy E. Cornette.

**W.E. "Snooks" Crutcher** (1918 - 1982)

From the time W.E. Crutcher, better known as "Snooks," arrived in Morehead it was



Artist's sketch of the early campus of the Morehead Normal School, founded by Frank C. Button. The first building where classes were held is visible at the far left. Circa 1893.



From left, Sister Mary Edwin, first administrator of St. Claire Medical Center, Dr. C. Louise Caudill, first medical officer, SCMC and Sister Mary Barromeo, Provincial Superior at the ground breaking for the hospital's third expansion in 1991.

County News where he soon bought the paper.

In 1945, he purchased *The Morehead Independent*, and combined the two newspapers into one *Rowan County News* publication. In 1962, he changed the paper's name to *The Morehead News*. He also bought *The Grayson Enquirer*, *The Greenup News* and *The Olive Hill Times*, plus other printing services.

Mr. Crutcher soon modernized the paper by converting from hot metal to cold type operation. At that time, there were only four such units in the nation. "Snooks" received many honors from his peers, e.g. President of the Kentucky Press Association. He was also active

in political affairs and was advisor to governors and presidents. **Publishers' Union becomes a reality**

W.E. Crutcher used the power of the pen to publicize those people and projects in which he believed. He passionately promoted MSU, Dr. Adron Doran, the St. Claire Medical Center, Cave Run Lake and many other causes.

"Snooks" also had a vision of what Morehead could become, through cooperative community effort. He saw the vision of a hospital, large university and Cave Run Dam materialize. His constant editorials promoting those projects helped them to come to pass. He used the power of the pen to make Rowan County a better place to live, work and raise a family.



# Residents learn about chronic fatigue syndrome

On Oct. 21 and 22, the Northeast Area Health Education Center and St. Claire Medical Center presented a seminar on diagnosing, treating and managing the diseases Chronic Fatigue Immune Dysfunction Syndrome (also known as Chronic Fatigue Syndrome) and Fibromyalgia.

A dinner seminar session was held on Thursday evening for area health care providers and another session held on Friday morning for area residents wanting to learn more about CFIDS and FM.

The featured speaker at both sessions was Dr. Charles W. Lapp, Hunter-Hopkins Center, Charlotte, N.C. Dr. Lapp has been treating CFIDS and FM patients since 1988, and is recognized internationally in the treatment and research of these two diseases.

CFIDS is a serious and complex illness that affects many different body systems. It is characterized by incapacitating fatigue (experienced as profound exhaustion and extremely poor stamina), neurological problems

and numerous other symptoms.

Clinical evaluation of unexplained chronic fatigue can be classified as chronic fatigue syndrome if the patient meets both the following criteria:

1. Clinically evaluated, unexplained persistent or relapsing chronic fatigue that is of new or definite onset (i.e., not lifelong), is not the result of ongoing exertion, is not substantially alleviated by rest and results in substantial reduction in previous levels of occupational, educational, social or personal activities.

2. The concurrent occurrence of four or more of the following symptoms: substantial impairment in short-term memory or concentration; sore throat; tender lymph nodes; muscle pain; multi-joint pain without joint swelling or redness; headaches of a new type, pattern or severity; unrefreshing sleep; and post-exertion malaise lasting more than 24 hours. These symptoms must have persisted or recurred during six or more consecutive months of illness and must not have predated the fatigue.

Fibromyalgia is mainly pain in the muscles and the fibrous connective ligaments and tendons. Fibromyalgia is a disease which closely resembles CFIDS, and the two diseases overlap in their symptoms and treatments.

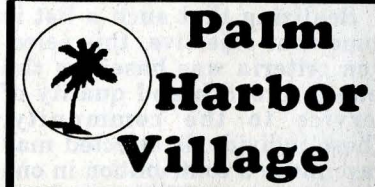
FM patients often experience severe muscular pain and pain in the fibrous connective ligaments and tendons. Although FM may feel like a joint disease, it is not arthritis, and does not cause deformities of the joints. Because there is such a significant overlap in the two common syndromes, it may not be possible to separate the two conditions.

For details on CFIDS and FM, contact The CFIDS Associa-

tion of America at 800-44-CFIDS, or the Arthritis Foundation at 800-283-7800 for fibromyalgia.

## Workshop to be hosted by IRS Nov. 17

The Internal Revenue Service will hold a Small Business Tax Workshop on Wednesday, Nov. 17, at the University of Kentucky-Small Business Development Center (SVDC), Lexington Central Library, Training Room 3, 140 East Main Street.



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Dr. Charles Lapp

**9 Year old Gospel singer Bekki Adams will be in concert at**

**THE FAMILY WORSHIP CENTER**  
on Rt 32,  
8 miles north of  
Morehead in  
Fleming Co. Sunday,  
Nov. 14 at 6:00 p.m.  
Bekki is very  
dedicated to using  
her signing talent

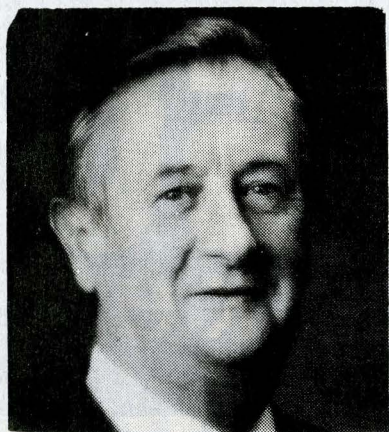
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**W.E. "Snooks" Crutcher** (1918 - 1982)

From the time W.E. Crutcher, better known as "Snooks," arrived in Morehead, it was plain he had printers' ink in his blood. He began his long and illustrious career in the newspaper business as student editor of the Morehead College student newspaper *The Trail Blazer*.

**Mr. Crutcher expands publishing business**

He soon dropped out of college and began working on *The Morehead Independent*. However, he soon moved to *The Rowan*



### About the author

Dr. Jack D. Ellis is a retired Morehead State University Library Director and a retired minister.

*The Greenup News* and *The Olive Hill Times*, plus other printing services.

Mr. Crutcher soon modernized the paper by converting from hot metal to cold type operation. At that time, there were only four such units in the nation. "Snooks" received many honors from his peers, e.g. President of the Kentucky Press Association. He was also active

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American colonists found many oil wells while looking for salt. Salt makers regarded petroleum oil as a nuisance, but other people sold it as a cure for physical ailments.

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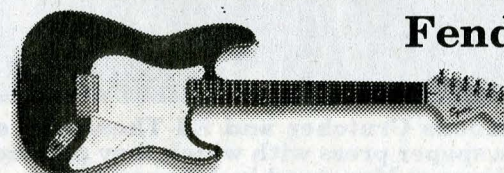
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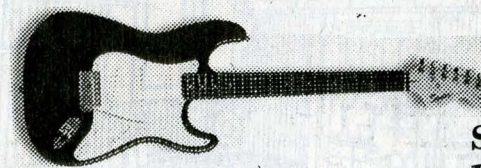


Fender Strat®  
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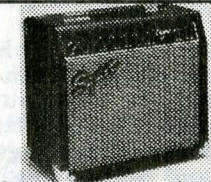
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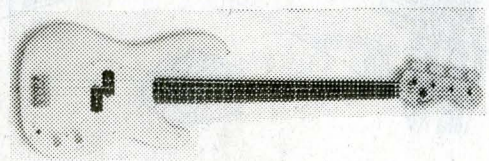


Strat® Pak  
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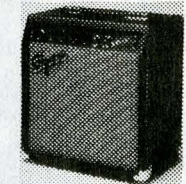


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these are individuals who  
spent a major portion of their  
productive lives in Rowan County,  
and through their dedicated  
service brought credit to ~~the~~  
~~community~~. They helped improve  
the general welfare, promote  
the common good ~~and~~  
the economic, ~~and~~ educational, social,  
medical, ~~and~~ spiritual well being of Rowan County.

Rowan Citizens of  
the Century

Dr. Hoise - Medicine

~~Dr. Proudfoot~~

Dr. Doran - ~~Johnny Allen~~

~~Steve Hamilton~~

Roy Cornette - LP Holdover

Cara W. Stewart

Ed Maggard

Earl W. Braye

Ray W. White

H.C. Haggan

Frank Button

Snooks Crutcher

Rowan Water?

~~Johnny Allen~~  
~~Dr. Proudfoot~~

Robert  
Lewis  
women  
Lorraine  
Jucille  
LITTLE

During the closing months of this millennium, outstanding people from all walks of life, are being selected by many people. Therefore, this writer after a careful and thorough study of local history has selected his list of Rainbow County Legends of the Century.

Selection is based upon both of merit and quantity of service given to Rainbow County.