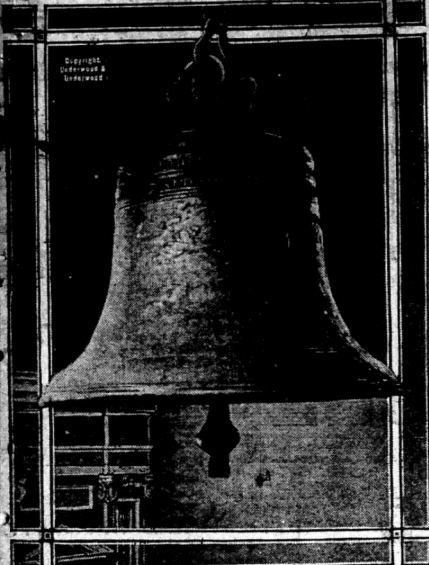


THE OLD LIBERTY BELL



Religiously preserved in Independence Hall, Philadelphia, is the Liberty Bell which rang to celebrate the adoption of the Declaration of Independence on July 4, 1776. It was brought from England in 1752 and the next year was recast with the words "Proclaim Liberty Throughout All the Land, and Unto All the Inhabitants Thereof" inscribed on it. For many years it was rung annually on the Fourth of July, but in 1835, while being tolled in memory of Chief Justice Marshall it was broken. Liberty Bell in past years has been taken to many cities for exhibition, but of late this practice has been abandoned in order that it may be preserved.

HOW TO CELEBRATE

Many Cities Join Movement for Sane Fourth of July.

Casualty Lists Have Been Greatly Reduced—Fine Example of Proper Observance Set by Springfield, Mass.

REPORT published by the Russell Sage Foundation on "How the Fourth Was Celebrated in 1911," gives conclusive proof that the movement inaugurated in many cities for a sane and safe observance of the day resulted in reducing the death toll. The number of casualties by fire and accident was 1,603 in 1909 there were 6,307 victims of their own or another's carelessness. Last year 161 cities made a point of holding sane celebrations, but there remained over 1,100 cities of 5,000 population that have not embraced the reform. It is hoped that this year many other cities and villages will fall in line.

Besides the gain in riding the day of fires and accidents, the same method of observance has given a larger amount of pleasure to the public and in many localities has been historically instructive as well. In New York city many large celebrations are planned for different centers which will include parades, pageants, historical tableaux, music and speeches by well known men on events and people connected with our national history. Besides the celebrations, devised for our English-speaking residents, there will be special festivals and celebrations in the Italian, Hungarian, Romanian and Jewish sections of the city where our more newly arrived citizens will hear the history of their adopted land explained in their own tongue and illustrated by stereoscopic views or tableaux.

An example of this kind of celebration was set two years ago in Springfield, Mass., at the invitation of the city where our more newly arrived citizens will hear the history of their adopted land explained in their own tongue and illustrated by stereoscopic views or tableaux.

MUNROE TAVERN, LEXINGTON

Some of the greatest men in this country has ever produced succeeded in retaining all their fingers.

Having a spirited horse and riding your wife and children on Friday when the accident was thus one of the poorest ways in which to celebrate the nation's natal day.

TEN DIE IN RIVER

FOURTEEN OF A PARTY OF UNITED STATES ENGINEERS AND GOVERNMENT EMPLOYEES

Drowned Near Madrid, Mo.—Steamer Harried to Sea—Three Men Have Been Recovered.

Western Newspaper Union News Service. New Madrid, Mo.—Ten members of a party of 14 United States engineers and other governmental employes were drowned near Madrid, Mo., when the United States survey boat Beaver, which the party was aboard, was capsized in a windstorm.

WITH HANDS CLASPED

Two Boys Meet Death When Small Boat Went Over Niagara Falls.

Niagara Falls, N. Y.—Donald Roscoe, 10 years old, and Hubert Moore, 8 years old, both of Niagara Falls, went to their death in a small boat in the whirlpool rapids and hundreds of men watched helplessly from the shore. The boys were playing in a flat-bottom scow half a mile above the falls when the rope holding the boat broke, and they were carried out into the stream and down the river. The bridgemen did not see the boat until it was close at hand. Then they called to the boys, but the boys, with their hands clasped, and two companies of firemen were sent to save the lads if possible. Hundreds swarmed to the river banks in a vain effort to rescue the boys remaining on the edge, stood up as the boat neared the face of the roaring whirlpool and shook hands in farewell.

TRAIN SPLITS SWITCH

Birmingham, Ala.—Engineer Russell Kayers was killed and his fireman and trainmen were injured when a St. Louis & San Francisco railroad wrecking train, which they manned, split a switch near Jasper and went into the tracks of the passenger train.

CUTS OFF SISTERS' FINGERS.

Evanville, Ind.—The ten-year-old son and nine-year-old daughter of Frank Noyes were playing with a knife when the girl cut off the fingers of her sister. The children readily saw a Wild West show here.

CINCINNATI MARKETS

Corn—No. 2 white 65¢@67¢, No. 3 white 64¢@65¢, No. 4 white 63¢@64¢, No. 5 white 62¢@63¢, No. 6 white 61¢@62¢, No. 7 white 60¢@61¢, No. 8 white 59¢@60¢, No. 9 white 58¢@59¢, No. 10 white 57¢@58¢, No. 11 white 56¢@57¢, No. 12 white 55¢@56¢, No. 13 white 54¢@55¢, No. 14 white 53¢@54¢, No. 15 white 52¢@53¢, No. 16 white 51¢@52¢, No. 17 white 50¢@51¢, No. 18 white 49¢@50¢, No. 19 white 48¢@49¢, No. 20 white 47¢@48¢, No. 21 white 46¢@47¢, No. 22 white 45¢@46¢, No. 23 white 44¢@45¢, No. 24 white 43¢@44¢, No. 25 white 42¢@43¢, No. 26 white 41¢@42¢, No. 27 white 40¢@41¢, No. 28 white 39¢@40¢, No. 29 white 38¢@39¢, No. 30 white 37¢@38¢, No. 31 white 36¢@37¢, No. 32 white 35¢@36¢, No. 33 white 34¢@35¢, No. 34 white 33¢@34¢, No. 35 white 32¢@33¢, No. 36 white 31¢@32¢, No. 37 white 30¢@31¢, No. 38 white 29¢@30¢, No. 39 white 28¢@29¢, No. 40 white 27¢@28¢, No. 41 white 26¢@27¢, No. 42 white 25¢@26¢, No. 43 white 24¢@25¢, No. 44 white 23¢@24¢, No. 45 white 22¢@23¢, No. 46 white 21¢@22¢, No. 47 white 20¢@21¢, No. 48 white 19¢@20¢, No. 49 white 18¢@19¢, No. 50 white 17¢@18¢, No. 51 white 16¢@17¢, No. 52 white 15¢@16¢, No. 53 white 14¢@15¢, No. 54 white 13¢@14¢, No. 55 white 12¢@13¢, No. 56 white 11¢@12¢, No. 57 white 10¢@11¢, No. 58 white 9¢@10¢, No. 59 white 8¢@9¢, No. 60 white 7¢@8¢, No. 61 white 6¢@7¢, No. 62 white 5¢@6¢, No. 63 white 4¢@5¢, No. 64 white 3¢@4¢, No. 65 white 2¢@3¢, No. 66 white 1¢@2¢, No. 67 white 0¢@1¢, No. 68 white 0¢@1¢, No. 69 white 0¢@1¢, No. 70 white 0¢@1¢.

MILK CRUSADE SAVES BABES

Stations for Distributing Infant Food Are Constantly Increasing in Various Cities.

A constantly increasing number of cities of all sizes are establishing milk stations and dispensing milk, whether pasteurized or sterilized, to mothers of babies that must be bottle fed. Some of the cities in which such institutions are maintained are: Fall River, Baltimore, Boston, Buffalo, Chicago, Dayton, Detroit, Hartford, Honolulu, Indianapolis, Kansas City, Mo., Lawrence, Mass.; Louisville, Louisville, Newark, N. J.; Bedford, New Haven, New York, Peoria, Pittsburgh, Providence, Rochester, St. Louis, Springfield, Ill.; Waterbury, Wilkes-Barre, Worcester, Tonkers, Utica.

RINGWORM ON CHILD'S FACE

Stratford, Iowa.—Three years ago this winter my seven-year-old son had ringworm on the face. First it was a small red spot which had a rough crust on the top. When they started they looked like little red dots and then they got bigger, about the size of a bird's egg. They had a white rough ring around them, and grew continually worse and soon spread over his face and head. The boy was terrible itching and burning, so that he could not sleep nights. He scratched them and they looked fearful. He was cross when he had them. We used several bottles of Ilmment, but nothing helped.

"I saw where a child had a rash on the face and was cured by Cuticura Soap and Ointment and I decided to use them. I used Cuticura Soap and Ointment about one month, and they cured my child completely." (Signed) Mrs. Barbara Price, Jan. 30, 1911. Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 2¢ p. Skin Book. Address: Post Office, Cuticura, Dept. L, Boston, Adv.

Highest Tower in the World.

Should Buenos Ayres carry out a project now under contemplation the city will erect the highest tower in the world, exceeding that of Eiffel by 133 feet. It is planned to put the steel structure up a height of 1,173 feet, and a statue at the top will be surmounted with an electric light of 1,000,000 candlepower. The tower, as plans have been drawn, will have facilities for social gatherings, cafes, restaurants, library, billiard rooms, gymnasium, as well as a wireless telegraphic station and a meteorological observatory.

The tortures of Prickly Heat and all skin affections are quickly alleviated and in a short time completely cured by using Tyree's Antiseptic Powder. See advertisement for free sample write J. S. Tyree, Chemist, Washington, D. C.—Adv.

Natural Relief. "They tried the new play on the dog." "What happened?" "The angel got bitten."

Be thrifty on little things like bluing. Don't waste water for bluing. Ask for Red Cross Blueing Ad.

New Orleans requires all bread of bakers to be so thoroughly wrapped to protect it from flies.

900 DROPS

ALCOHOL-3 PER CENT

Vegetable Preparation for Assimilation of Food and Regulation of the Stomach and Bowels of INFANTS AND CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral.

NOT NARCOTIC

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

The Sincere Signature of *Wm. D. Little*

THE LITTLE COMPANY, NEW YORK

Libby's Luncheon Delicacies

Dried Beef, sliced wafer thin, Hickory Smoked and with a choice flavor that you will remember.

Vienna Sausage—just right for Red Hots, or to serve cold. We suggest you try them served like this: Cut rye bread in thin slices, spread with creamed butter and remove crust. Cut a Libby's Vienna Sausage in half, lengthwise, and lay on the bread. Place on the top of the sausage a few thin slices of Libby's Midget Pickles. Cover with the other slice of bread and press lightly together. Arrange on plate and serve garnished with a few parsley sprays.

Libby, McNeill & Libby Chicago



A Legal Opinion.

"A cat sits on my back fence every night, and the yowls and yowls and howls that I hear, and this thing has gone far enough, and I want you to tell me what to do." "The young lawyer looked as solemn as an old, sick owl, and said not a word."

"I have a right to shoot the cat, haven't I?"

"I would hardly say that," replied your lawyer. "The cat does not belong to you, as I understand it."

"Then," concluded the light of law, "I think it safe to say you have a perfect right to tear down the fence."

IS IT RIGHT TO ADVERTISE COCA COLA?

Men who play the wily game of politics have discovered that the best way to distract the attention of the public from their own shortcomings is to use them. I used Cuticura Soap and Ointment about one month, and they cured my child completely." (Signed) Mrs. Barbara Price, Jan. 30, 1911. Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 2¢ p. Skin Book. Address: Post Office, Cuticura, Dept. L, Boston, Adv.

YOUR LIVER

REGULATES YOUR SYSTEM
WRIGHT'S
INDIAN VEGETABLE
PILLS
GRANULATED EYELIDS
Inflicted or Sore Eyes and Sties
promptly healed with
Roman Eye Balsam

DON'T CUT A VARICOSE VEIN USE ABSORBINE, JR. FOR IT

A mild, safe, antiseptic, disinfected, resorcinol liniment, and a proven remedy for this and similar troubles. Mr. R. C. Kellogg, Becket, Mass., before using this remedy, suffered intensely with painful and recurring hemorrhoids; they were swollen, knotted and hard. He writes: "After using one and one-half bottles of ABSORBINE, JR., the veins were reduced, inflammation and pain gone, and I have had no recurring hemorrhoids for the past six years." Also removes Goitre, Painful Swellings, Warts, Cysts, Callosities, Bruises, "Black and Blue" discolorations, etc., in a pleasant manner. Price \$1.00 and reduced. Keep a bottle at druggists or delivered. Young, S. G. Free. Write for it. W. F. WOOD, P. O. Box 310 Temple St., Springfield, Mass.

Get a Canadian Home

In Western Canada's Free Homestead Area

60 ACRES
WESTERN CANADA
FREE

THE PROVINCE OF Manitoba

For Grain Growing and Cattle Raising

This province has no superior and no profitable agricultural lands. The soil is rich and the climate is perfect. Perfect climate and soil for the very best of crops. For further particulars write to his Excellency the Governor-General, Ottawa, Canada.

Save the Man

THAT HARRY'S "MAN" TREATMENT FOR TUBERCULOSIS has been successfully used in 82,000 cases in the past five years. It is the only treatment that has been found to be successful in curing Tuberculosis and "How To Live" Hippocratical. Cleveland, Ohio.

DAISY FLY KILLER

placed separate, at 25¢ a bottle at druggists or delivered. Young, S. G. Free. Write for it. W. F. WOOD, P. O. Box 310 Temple St., Springfield, Mass.

FREE TO ALL SUFFERERS.

THOMPSON'S PATENT... READERS OF THIS PAPER... PATENTS

Entered as second-class matter September 27, 1912 at the postoffice at Olive Hill, Ky., under the act of March 3, 1879

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O. A. SHEPHERD, ED. AND PUB., A. F. WARD, CITY EDITOR.

Announcements

Progressive

We are authorized to announce JAMES B. CRAIG of Reseda, as a candidate for County Clerk of Carter county, subject to the action of the Progressive primary, August 2.

We are authorized to announce G. C. COUNTS as a candidate for County Clerk of Carter county, subject to the action of the Progressive primary, August 2.

We are authorized to announce JOHN M. THEOBALD as a candidate for County Judge of Carter county, subject to the action of the Progressive primary, August 2.

We are authorized to announce J. J. ADAMS of Soudier, as a candidate for Jailor of Carter county, subject to the action of the Progressive primary, August 2.

We are authorized to announce J. F. TYLER for Justice of the Peace of Olive Hill, Magisterial District No. 3, subject to the action of the Progressive primary, August 2.

Democrat

We are authorized to announce DR. J. W. STROTHER as a candidate for County Judge of Carter county, subject to the action of the Democratic primary, August 2.

We are authorized to announce CHARLES E. WALLACE as a candidate for County Clerk of Carter county, subject to the action of the Democratic primary, August 2.

Republican

We are authorized to announce AMOS HALL as a candidate for Representative of the 10th Legislative District, composed of Carter and Elliott counties, subject to the action of the Republican primary, August 2.

We are authorized to announce W. C. KOZEE as a candidate for Superintendent of Schools of Carter county, subject to the action of the Republican primary, August 2.

We are authorized to announce J. A. PORTER as a candidate for Justice of the Peace of Olive Hill, Magisterial District No. 3, subject to the action of the Republican primary, August 2.

THE PROGRESSIVE CAUSE IN CARTER COUNTY.

It was the opinion of the Progressive Committee of Carter County, and several of the rank and file of the party, that the interest of the people might be better served by ignoring the Democratic primary law and, in connection with the Republican Committee, holding a separate primary on the same day the State primary is held, permitting all persons (without regard to the ticket they voted at the last general election) to become candidates in this primary, and allowing all persons, whether they voted the Progressive or Republican ticket, to vote at such primary, and the persons receiving the majority of the votes to be the nominees of BOTH parties and placed on the ballot under such emblem and name as may be agreed upon, so that the best men may be presented for office and the ones polling the majority of votes. This proposition, and all other equitable propositions, was rejected by the Republican organization, leaving nothing whatever for the Progressives to do but quit or fight. They have unambiguously decided to fight like men for the cause they represent.

A majority of the Progressive party, however, were opposed to any kind of entangling alliance with any party, believing as they did that the old parties had been sufficiently tried and found wanting, and that the Progressive party should stand on its own feet, and not be a mere appendage to any other party.

Lyric Theatre Sat., Special Western Feature "THE SAINT AND THE SIWASH"

ty, which was so notoriously riddled and bossed; so thoroughly so that the Grayson ring was practically dictating the policy of the party in Carter county, and always for selfish ends, caring nothing whatever for the welfare of the people. But they consented that the plan be tried and agreed to be bound thereby.

When the effort was made to bring matters to an equitable settlement in county affairs, it was very plain that the interest of the old Republican party, that had so long usurped control was at the front again, that good faith could not be presumed, and that they had noing of any kind to propose except to turn matters over to them. Nothing therefore grew out of this conference, and the Republican organization decided to "stand pat."

The Progressive party now proposes to put a full ticket in the field, and solicits the support of all the voters at the November election, regardless of former political affiliations, and pledges itself and its candidates to devote their time, energy, and ability to the service of the best interest of ALL the people of Carter county, without reference to party, and without any private or selfish ends to achieve.

Those who have come out of the Democratic and Republican parties and assisted in forming and organizing the Progressive party are all men, have no axes to grind nor end to serve except to bring about (so far as they can) the welfare, prosperity and happiness of the people, and to administer the affairs of government honestly, economically and faithfully, lightening the burdens of the people by removing all unnecessary taxation, seeing that what they contribute to the support of the government is strictly applied to that purpose, exposing graft and trickery wherever found, keeping the people fully informed and advised of all their affairs, and seeing that their government is committed to their own hands and not to the hands of a favored few.

The Progressive party believes that the offices belong to the people and that the office holders are their servants, not their masters, as some of the office holders heretofore seem to think.

If anyone is trailing along with this party that does not advocate these principles, the quicker they get out and into the ranks of some other party, the better will the Progressive party be pleased. Nobody but true men, men who are willing to stand up and fight for the principles of the party, some of which are here stated, and for the sake of principle, alone, is going to feel comfortable in this party. The opposition to these principles is expected to oppose us at every turn, and do its worst, and we do not expect anything else. There is nothing in common between them and the Progressives. The theft of the nomination for the Presidency last year has never been disavowed nor condemned by them, and never will; they don't see anything wrong in it.

So it is easy to see how impossible it is to give any aid or comfort to the Progressives; they do not believe in nor comprehend the Progressive platform.

The Progressive party is here to stay. We solicit the support of all our citizens who believe as we do about these things, and a vast majority of Carter county people are patriotic and true—as good as there is on earth—and to such we appeal.

Frank Croshaw left Sunday for a month's vacation. E. L. Newcomb will run the paper while Mr. Croshaw is away.

FIVE CENT MEAL SOLVED PROBLEM

It Helped Reduce Expenses of Domestic Science Course.

ATTENDANCE 100 PER CENT.

Colored High School of Owensboro Among the First to Offer Full Year Instruction in Household Arts. Every Girl Pupil and Several Boys Now Enrolled.

Three years ago, when very few high schools in Kentucky were offering a course in domestic science, the Colored High school at Owensboro made a beginning. The board of education there at that time, like many others in the state, was hampered by a lack of funds. The board also had before it the experience of other schools where the expense account of the domestic science course had proved quite a burden. It was a difficult problem, but the faculty of the high school felt that the work could be put on a basis that would make it almost self-sustaining.

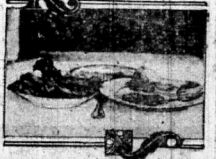
Today the Colored High school of Owensboro has a four year course in domestic science and will graduate seven girls that have taken this full course. During these four years only three girls have failed to take the course, and this year 100 per cent of the girls in the high school take domestic science. Besides these girls, it might be well to add that there are eight boys enrolled in the classes, so that the figures should really read 100 per cent plus.

A five cent dinner and lunch counter handled by the domestic science department have made this splendid work possible. The cost of material in both cooking and sewing classes has been met each year by the board of education paying a deficit of about \$5 a month.

The preparation of this five cent dinner would seem to be a definite loss in some of the technical training, but it appears otherwise when one visits the school.

It appears to be of absolute value in the general training, as the girls are used in small groups, so that each girl in the school comes to this practical work once a week. The class book, which is carefully kept, shows exactly the work the pupil has done each time she has been on duty for a dinner and luncheon.

If she has made mistakes and afterward cleaned the stove this week the next she will probably prepare a salad and clean the refrigerator. In the



A FIVE CENT MEAL course of the school year she will have covered a certain definite amount of practical housekeeping work. There is the added value that she has prepared this food in quantities sufficient for an ordinary family, and not in laboratory quantities.

It might be urged that a high school is not a vocational school, and that our schools are not preparing girls for such room service. This is all true, but the greatest indictment brought against our schools today is that they do not give our boys and girls a grip on life, real, everyday things. The work in this school seems to give this and at the same time helps sustain itself while giving all the pupils something that is wholesome to eat at a remarkably low price.

There are high schools all over the country that cannot afford domestic science. There are many others where the girls are doing laboratory domestic science, and a large percentage of the people go to the corner grocery or a cheap confectionery for their 30 cent luncheon.

The value as well as the economy of serving the children with an appetizing, inexpensive meal, scientifically prepared, is obvious. Their health is conserved and a practical course in domestic science is made possible. It is not possible to get such things at the same time by a carefully prepared course of study.

It certainly is worth thinking about, for people everywhere are looking to the school for more real every day economy.

GEORGE FRASLEY PRIVATE DETECTIVE

Commissioner Woods Busy Trying 'Shiners'

U. S. Commissioner H. L. Woods has been working overtime during the past week trying moonshine cases, as he has had six "shiners" before him in as many days. The men charged with illicit distilling are: John Cy Perry, Jake Belpre, Wm. Cann, John R. Conn, Wm. Bowling, and Jim Stedman, all of whom were brought in by Deputy U. S. Marshals Steve Rose and Sherman Lewis.

The General Refractories Co. have been doing some work during the past week that deserves praise. They have painted and fenced the formerly unightly row of houses at the head of Division street and now that section of the city puts some of he other parts to shame. The change is very pleasing and we feel like saying that there are several other places in town where the hammer and the brush could be used to good advantage.

J. D. Holley went to Grayson Sunday to see a friend.

John Gilbert has bought the property of W. T. Kenpell and Smith Hicks on the South Side this week.

NOTICE

All persons having claims against the estate of K. S. Hoskins, deceased, will certify to and file same by mailing them to me at Pikeville. H. M. Hoskins, Admr.

THE CHURCHES

METHODIST EPISCOPAL CHURCH—Services each Sunday at 10:45 a. m. and 7:30 p. m. Sunday school, 9:30 a. m. Prayer meeting Wednesday evening at 7:30.

BAPTIST CHURCH—Sunday school at 9:30 a. m. Preaching every 2nd and 3rd Sunday. Prayer meetings, Wednesday night. A. A. CORN, Pastor.

METHODIST PROTESTANT CHURCH—Sunday school at 9:30 a. m. Prayer meeting Thursday nights usual hour. Rev. S. P. ZIMMERMAN, Pastor.

CHRISTIAN CHURCH—Services each Sunday at 10:45 a. m. and 7:30 p. m. Sunday school at 9:30. Prayer meeting Wednesday evening at 7:45. Willing Workers Society Wednesday 1:30 p. m. N. E. FLORENCE, Pastor.

DR. W. N. CARR Dentist OFFICE OVER POST OFFICE

CLARENCE W. HENDERSON Funeral Director & Embalmer We Keep Funeral Supplies of All Kinds Embalming Done on Short Notice OLIVE HILL - - - KENTUCKY

BUY A SINGER Sewing Machine \$1 a Month will buy it; the best machine. Ask your neighbor about them. W. D. HAYWOOD, OLIVE HILL, KY.

J. I. McCLUNG DENTIST

R. T. KENNARD ATTORNEY

5-DAYS-5 Continuous Amusement

The ELLIOTT-CARTER-LEWIS Try-County CELEBRATION

Beautiful Island Park

July 1, 2, 3, 4, 5

SEE The Big Air dome The Up-to-Now Vaudeville The Manifold Amusement Moving Pictures Merry-go-Round

5 DAZZLING DAYS OF DELECTABLE DELIGHTS

ISLAND PARK OLIVE HILL

Only Sober Men and Moral Women Admitted

Peoples Bank

(Incorporated) Only One Month Old, and DEPOSITS OVER \$40,000.00 We Solicit Your Patronage

MR. FARMER:

We are prepared to and can do all kinds of BLACKSMITH WORK. Our prices are reasonable, and our work is first-class. Give us one trial and you will be a permanent customer.

G. B. BROTHERS, Blacksmiths, OLIVE HILL, KY.

UNDERTAKING

Coffins and Caskets Burial Suits & Supplies U. S. G. TABOR, Olive Hill. WE ARE ALWAYS AT YOUR SERVICE

COULD SCARCELY WALK ABOUT

And For Three Summers Mrs. Vincent Was Unable to Attend to Any of Her Household.

Present Hill, N. C.—"I suffered for three summers," writes Mrs. Walter Vincent, of this town, "and the third and last time, was my worst."

"I had dreadful nervous headaches and prostration, and was scarcely able to walk about. Could not do any of my household."

"I also had dreadful pains in my back and sides and when one of those wretched 'spells' would come on me, I would have to give up and lie down, until it wore off."

"I was certainly in a dreadful state of health when I finally decided to try Cardui, the woman's tonic, and I finally

believe I would have died if I hadn't taken it. After I began taking Cardui, I was greatly helped, and all three 'bottles' relieved me entirely. I intended up, and grew so much stronger in three months, I felt like another person altogether. Cardui is purely vegetable and non-poisonous. Its ingredients have a mild, tonic effect, on the womanly constitution. Cardui makes for increased strength, improves the appetite, keeps up the nervous system, and helps to make pale, sallow cheeks, fresh and rosy. Cardui has helped more than a million-women, during the past 50 years. It will surely do for you, what it has done for them. Try Cardui today.