UPCOMING DATES

November 08: Election Day
November 14: Between a Tweet and a Blog
November 15: Honors Thanksgiving Dinner
November 18: Honors Food Drive ends
November 23: Thanksgiving Break begins
November 24: Thanksgiving
November 28: Thanksgiving Break ends
December 02: Honors Christmas Party

ON THIS DAY IN HISTORY

November 2, 1889: North Dakota and South Dakota are admitted as American states

November 2, 1898: Johnny Campbell leads the crowd in cheering on the University of Minnesota football team, beginning the sport of cheerleading

November 2, 1914: The Russian Empire joins World War I and declares war on the Ottoman Empire

November 2, 1967: Lyndon B. Johnson and the “Wise Men” decide to give the American public more positive reports on the progress of the Vietnam War

November 2, 1983: Ronald Reagan signs the act that creates Martin Luther King, Jr. Day

November 2, 1988: The Morris worm, the first computer worm distributed through the internet, is launched from MIT

LETTER FROM THE EDITOR

Honors Program,

As the fall semester reaches its close, I hope you all are doing well. The Honors Program has been quite busy lately — October saw a number of different events, and, as you can see in this new edition of Honour Watch, November will as well. Despite what I’m sure are intense workloads and busy hours, I hope you all can make an effort to come to them and enjoy time with your fellow Honors students, as our community is especially crucial in trying times such as we’ll soon be seeing with the arrival of Finals Week in December. I’m excited to announce a somewhat different Faculty Feature this month, focusing on someone instrumental in the early foundations of the Honors Program. Additionally, I’d like to commend the freshmen here on the Honour Watch team for stepping up and taking on more and more responsibilities. It’s wonderful to see freshmen already engaged in different parts of the Honors Program, and I hope this is a trend that continues into the coming years. I hope you all enjoy your holidays, and don’t forget to vote on Election Day!

Jonathan Dean Editor-in-Chief

JOKES

What crime was the turkey accused of? Fowl play!

Why did the turkey join the band? He had the drumsticks!

What kind of music did the pilgrims like? Plymouth Rock!
**HOW TO: take classes pass/fail**

BY Jonathan Dean

College is a great time to spread your wings, and taking a class pass-fail is a great way to do that. Taking a class pass-fail means that, if you get any passing grade for that class, it will be marked as a P, giving you credit hours without affecting your GPA. This can only be used for classes that don’t go directly towards your degree, and you can only take one per semester. This gives you a chance to take a class that interests you without having to stress about your grade.

To take a class pass-fail, you register for it as you would any other class. However, in the first week or so of classes (or before), you need to speak with the registrar to get a pass-fail form. This form is turned in to the registrar without your professor ever seeing it — in fact, they won’t even know you’re taking their class pass-fail. They will submit their grades as always, and the registrar will convert them into a P or F. Use this to your advantage, and be sure to try out something new while you’re in college.

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**Honors Events**

On October 27, the Honors Program came together for the annual **Halloween Party**, and together enjoyed baked goods, treat, and a “whodunit” mystery game put together through the efforts of Zoe Becerra.

Professors will join students at the Honors House for **Between a Tweet and a Blog** on a date tentatively set for November 7 or November 14 and share a life lesson that they find particularly valuable such as a personal anecdote, general advice, or even folk tales that were passed down to them growing up. The following professors have been invited so far: Dr. Engle, Dr. Couch, Dr. Peyton, Dr. Eklund, Dr. Scott, Dr. Krummrich, and Dr. Skaggs. Light refreshments will be served.

This year, to celebrate the holidays, the Honors Program is having a **Thanksgiving dinner**. The dinner will take place at the Honors House on November 16 from 6:00 to 8:30 and is open to all Honors students and Honors faculty. For dinner, “turkey and all the fixings” will be provided, and students are welcome to bring side dishes if they so choose. Additionally, Vanessa Webb will be teaching students how to make cream candy. This process, very similar to taffy pulling, will be a fun and exciting experience for everyone to enjoy. Everyone is encouraged to come join the food, fellowship, and fun!

AHSA will be putting on a **Thanksgiving food drive**. The soup kitchen is requesting the following items for donation: green beans, corn, chicken broth, sweet potatoes, canned milk, and any other non-perishable items. They will also be taking cash donations to be put towards purchasing hams. All items must be donated the Friday before Thanksgiving (November 18) — contact Taryn Syck (tasyck@moreheadstate.edu) for more information.

With the holiday season beginning, many Honors holiday parties have been announced. Christmas is no different. On December 2, Beginning at 6:00 in the Honors House, there will be a **Christmas Party**. This party will include a white elephant exchange. Attendees wishing to participate should bring gifts costing no more than five dollars. Along with the gift exchange, there will be an ugly Christmas sweater contest. Food will also be provided, such as cookies and eggnog, and the night will close off with a Christmas movie that is till to-be-announced. All Honors students are welcome to attend and join in on the fun!
BIRTHDAY

November 02: Ryan Anderson, 20
November 02: Catherine Gabbard, 20
November 02: Emma Marriner, 21
November 05: Bailee Pennington, 20
November 08: Chelsea Nolan, 22
November 12: Kelsey Bolen, 20
November 12: DeAnna Stinnett, 22
November 12: Callin Wile, 21
November 14: Ashleigh Adkins, 20
November 14: Kathryn Branham, 20

Announcements

Congratulations to Taryn Syck, the Honors Programs’ newly elected Chairwoman of Philanthropy and Community Service!

Kathryn Wilkerson and Lin-hsiu Huang hosted a campus-wide screening on Oct. 19 of films they have produced as part of their Undergraduate Research Fellowship to raise awareness for the LGBTQ+ community.

AHSA BREAKDOWN

The next meeting of the Honors Congress will be convening at the Honors House at 7:30pm on November 15!

Faculty FEATURE

Dr. Dayna Seelig

For those of us currently attending Morehead State University, the Honors Program prior to 2009 would be virtually unrecognizable. Of the many differences, one of the most prominent included the lack of the full scholarship for which the program is now known. One of the most integral figures in restructuring the Honors Program into what we know and love today was Dr. Dayna Seelig – a current Professor of Exercise Science and a former Chair of the Department of Health, Physical Education, and Sports Science; Director of the University Wellness Center; Associate Vice President of Academic Affairs; and Graduate and Undergraduate Dean. It was ultimately Dr. Seelig who was able to convince the correct people that the creation of a set number of full scholarships awarded to students within the Honors Program would not only be beneficial to the University’s budget, but would also keep students in the Program all four years of college; her assessment has proven itself multiple times over to be accurate. Thus, we have her to thank for the generous scholarship provided by the Honors Program. Dr. Seelig’s history with the University begins with the start of her college career. She received both her BA in Physical Education and her MA in Health, Physical Education, and Recreation from Morehead State. She later went on to receive her Ed.D. in Health, Physical Education, and Recreation with an emphasis in Exercise Physiology from the University of Kentucky. Outside of her contributions to the Honors Program, some of Dr. Seelig’s accomplishments include serving as a consultant both on a university and corporate level, authoring and co-authoring articles and papers for publication and professional conferences, managing her own business, earning numerous awards received at the graduate level, and extensive travel abroad.