Morehead, Kentucky,
Sept. 21, 1932.

My dear [Name],

I wonder if a letter from a friend means as much to you as it does to me. Letters have always held a fascination for me, and I am using this means to welcome you to your new home.

You may have been here before, and we may understand just a little about each other, but we have both been busy and many new and interesting things have happened, and we should be a little older, a little wiser and a little better than we were when we last met, or perhaps this is your first trip to Morehead, and you are wondering just what will be expected of you, and what you are to find in us.

First - we want you to realize that it is necessary to have a few rules and regulations, and that the ones we have are all for your ultimate good. You are just one member of a large family, and your rights and the rights of others must be considered. It is not our intention to deprive you of one moment of pleasure, but to help you to so regulate your time that you can participate in the social and religious life on the campus, as well as make a high scholastic standing.

You are here to lay up for yourself treasures. Remember, that no girl of stamina is looking for "soft courses". Do you not feel the great adventure of education, the romance of the quest of knowledge? You should know the keen delight of competition, not so much with others as with yourself, to surpass yourself is a fine incitement. You have probably fallen into careless habits of speech, or little peculiar mannerisms that hinder your progress. Whatever your early associations, the speech and habits of an educated person lies within his choice. It simply means CARING and TRYING.

Second - every college student should have some knowledge of the art of living with others. The girl who goes to college prepared to find people "different" has a mastery of the situation. Integrity and uprightness enter into the art of living with others, every hour of the day. Teachableness is a charming quality in or out of class. A newcomer who "knows it all" is unbearable.

Plain business honesty is a "college requirement". Borrowing is, I fear, one of the sins of student life. Girls of good breeding do not borrow wearing apparel or personal belongings.

Your social position while in college does not depend on money; it does depend on intellect and character; on taste, not expense in dress and belongings. Some one has said, "What you are speaks so loud, I cannot hear what you say". The keynote of good manners is "BE NATURAL".
Permit me to quote Emily Post, authority on the subject of etiquette, on the subject of "Petting". "Petting is quite outside the subject of etiquette - so far outside that it has no more place in distinguished society than any other actions that are cheap, promiscuous or vulgar". This is sufficient to say, if you are the right type of girl.

Smoking has not yet become a real problem. It is true we have had a few girls who had formed the habit of smoking before coming here, and possibly a few who unfortunately, were easily influenced to become occasional smokers. We have never "forbidden" girls to smoke, but we have tried to show them the evil effects of smoking. In our opinion the disadvantages, individual and social, outweigh the advantages. We believe that young people should let it alone. We have letters from a number of reputable physicians in America who tell us without reservation that habitual smoking is harmful. Statistics taken with care at many American Colleges show with apparent conclusiveness that the use of tobacco is physically and mentally deleterious to young people. It seems that smokers lose in lung capacity, are stunted slightly in their growth, are lessened in their endurance, develop far more than their proportion of eye and nerve troubles. Incidentally, it may be observed that tobacco is expensive.

We want you to know that we are your friends, and in our request and decisions, we are thinking only of your good. Take your time about forming friendships, for remember, we are judged by the company we keep. The success of your college life depends largely on your associates. You will hear the modernist cry, "Be Modern" - Remember this, you can be very modern and progressive without indulging in habits that undermine character. You cannot build character on habits of loose living.

You are making a new start today. If you have made mistakes in the past - bury them and start now on the right road. You are the master of your fate. As you face your problems in life you will need strength of character. Perhaps this poem will help you decide the road you are to take.

"To every man there openeth A Way, and Ways and a Way, And the High Soul climbs the High Way, And the Low Soul gropes the Low, And in between on the misty flats, The rest drift to and fro, But to every man there openeth A High Way and a Low, And every man decideth The Way his soul shall go."

Won't you please write me a letter telling me about your plans your ideals and ambitions.

With sincere good wishes, I am

Your friend,

[Signature]

C. Smith