

# Department of Nursing



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## Nursing News

### Spring 2013 in the Department!



Dr. Lynn C. Parsons

**W**elcome from the Chair!

**Welcome** to the opening of the 2013-2014 academic year! We anticipate another

very busy year as our enrollments continue to increase. The most rapidly growing program in the Department of Nursing is the Online RN to BSN completion track. Enrolled students primarily represent the Eastern Kentucky region with some outside the major 22-county service area for Morehead State University.

In 2009 there were approximately 100 students enrolled in the Online RN to BSN degree completion track. A > 23% growth in enrollment has occurred since that time with approximately 165 enroll students today.

Many large urban hospitals are requiring the BSN degree by 2014 to be eligible for hire and several oth-

er agencies are encouraging their Associate Degree and Diploma-prepared Registered Nurses (RN) to return to school to attain their BSN degree to help the organization achieve Magnet status.

The Kentucky Nurses Capacity Consortium (KNCC) is working toward the goal set forth by the Institute of Medicine (IOM) that recommends and supports that 80% of nurses be baccalaureate prepared. Thus far only one service region in the Commonwealth, KIPDA (Kentuckiana Regional Planning & Development Agency) has achieved 50% BSN-prepared RNs. The KIPDA encompasses a 9-county region in Southern Indiana and North Central Kentucky. Other KY regions lag far behind the 80% IOM goal. Dr. Kim Clevenger will serve on a task force with other RN to BSN degree coordinators and I will serve with other nursing deans, directors and chairs across the Commonwealth to address the issue of increasing BSN prepared nurses.

Welcome to Dr. Teresa Howell as she assumes the Program Coordinator role for the Associate Degree Nursing Program at the Clay Center in Mt. Sterling. The Associate degree program admits 60 students each fall and spring semester; 40 to the main campus and 20 to the Mt. Sterling campus. Dr. Howell brings a breadth of experience to this role having served in this capacity earlier in her tenure at Morehead State University. She received a Doctor of Nurse Practice degree from the University of Kentucky and teaches obstetrics.

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### Remote Area Medical (RAM) - Greenup



**D**epartment of Nursing faculty (Teresa Howell, Teresa James, Lisa McDavid, Suzi White, and Vanessa Sammons), over 20 ADN and BSN students, and several other volunteers in collaboration with the MSU Center for Regional Engagement participated

with providing medical services to over 800 patients at the RAM Greenup event in June. Remote Area Medical (RAM) organizes mobile health clinics which provide free medical, dental, and vision services by licensed health practitioner volunteers in remote areas around the world. RAM Greenup provided \$321,240 in health services to the underserved population during the two day event.

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## 2 **ADN Coordinators' Report**

**G**reetings from the Associate Degree Nursing Program (ADNP)!

We are happy to announce the official NCLEX-RN pass rate for 2012 was 91% at the Morehead Campus and 87% at the Mt. Sterling Campus. The ADNP graduated 25 students from the Morehead Campus December 2012 and 23 students May 2013. The ADNP graduated 14 students from the Mt. Sterling Campus December 2012 and 17 students May 2013. The ADNP anticipates admitting forty students to the Morehead Campus this fall and 20 to the Mt. Sterling Campus.

Our second cohort of Paramedic to ADN Track students will be entering the last semester of the program this fall. We are very proud of that cohort of students. We also hope to offer the Paramedic/ADN Transition Course again so that another cohort of students can be admitted to the Paramedic to ADN Track.

The ADNP hosted a National League for Nursing Accrediting Commission, Inc. (NLNAC) site review for continuing accreditation in October 2012 with the final NLNAC Board of Commissioners ruling in March 2013. The NLNAC Board of Commissioners granted the ADNP continuing accreditation with the condition that the program submits a follow up report in two years. The follow up report will address the progress of utilizing more graduate prepared clinical faculty and lab coordinators. Obtaining graduate prepared faculty for programs of nursing is a nationwide problem which is not unique to MSU. The ADNP faculty will continue to work diligently with the MSU Administration to address faculty credential issues.

The NLNAC Board of Commissioners also identified an area of strength for the ADNP regarding Standard 5 Resources: "The Center for Health Education and Research building, a state-of-the-art facility made possible by a joint collaborative project between St. Claire Regional Medical Center, MSU and the University of Kentucky."



Dr. Lucy Mays,  
Morehead Campus



Dr. Michele Walters,  
Mt. Sterling Campus

## **BSN Coordinator's Report**

**G**reetings from the Baccalaureate Nursing Program (BNP)!

The students in the BNP have been very busy during the 2012-2013 academic year. Our undergraduates and faculty have provided multiple community health fairs, presented health education programs in local public and private schools, presented their research, participated in community service in conjunction with the Kentucky State Police, and assisted in the continued relief efforts in Haiti in conjunction with Children's Lifeline International. We are so proud of our students and faculty efforts and the community service they have provided!

The BNP faculty would like to congratulate our new spring graduates for 2013. The traditional pre-licensure BNP had 32 graduates and our post-licensure RN-BSN program had 5 graduates during the spring semester. The RN-BSN program also had 20 graduates in December 2012.



Dr. Kim Clevenger

### **Nursing News**

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Dr. Teresa Howell

Dr. Teresa Howell, DNP, RN, CNE and ADN Associate Professor will begin the Mt. Sterling Campus ADN Coordinator role beginning July 2013.

We are very proud of our facility and educational spaces including the simulation labs. We also very much appreciate our clinical partners. If the follow up report is accepted by the Board of Commissioners, the next evaluation visit will be scheduled for Fall 2020. The NLNAC has undergone a change of name and is now officially called Accreditation Commission for Education in Nursing, Inc. (ACEN).

The ADNP faculty continues to evaluate the program on an ongoing basis. An increasing emphasis has been placed on national patient safety goals, improving interprofessional communication, evidence based practice and clinical reasoning. The ADNP faculty are very proud of our excellent graduates and progressive faculty and look forward to a successful academic year!

# Department of Nursing Advisory Board Member Roster

Name	Workplace
Dr. Roger R. McNeil, Dean	Morehead State University, Morehead, KY College of Science & Technology Ex-Officio Member
Dr. Dora Ahmadi, Chairperson - Math, CS, & Physics	Morehead State University, Morehead, KY
Lieutenant Colonel Brad Bates - Director, Technical Services Division	KY State Police Headquarters, Frankfort, KY
Ms. Annie Campbell - Education Dept.	Clark Regional Medical Center, Winchester, KY
Dr. Laurie Couch - Psychology Dept.	Morehead State University, Morehead, KY
Ms. Sandra Daniel - Education Dept.	Our Lady of Bellfonte Hospital, Ashland, KY
Ms. Ronda Dixon - Director	ARH Healthcare, West Liberty, KY
Ms. Sonya Dunn - Development Specialist	VAMC, Lexington, KY
Ms. Judy Elam - Chief Comm. Reg. Affairs Officer	ARH, West Liberty, KY
Dr. John Essick - Professor	Baptist Seminary of KY., Georgetown, KY
Ms. Cinda Fluke - CNO	St. Joseph Hospital, Mt Sterling, KY
Dr. Julia Fultz - Student Coordinator	Central Baptist Hospital, Lexington, KY
Ms. Shari Gholson - Dean	West KY CTC, Paducah, KY
Ms. Wretha Goodpaster - Chair, Imaging Sciences	Morehead State University, Morehead, KY
Dr. Bill Grimes, Clinic Administrator	New Hope Clinic, Owingsville, KY
Mr. David A. Gross, Center Dir., Family Medicine	Northeast AHEC, Morehead, KY
Ms. Carol Hall, DON	Windsor Care Center, Mt Sterling, KY
Dr. Deborah Hall, Education Dept.	Central Baptist Hospital, Lexington, KY
Joseph Hill, Paramedic	Air Methods, Lexington, KY
Mr. Charles Holloway, Chf. Diversity Officer	Morehead State University, Morehead, KY
Ms. Jackie Jackson	SCRMC, Morehead, KY
Ms. Barbara Kinder, Chf. Clin. Officer	Clark Regional Medical Center, Winchester, KY
Ms. Jahna Lane	Gateway District Health Dept., Owingsville, KY
Dr. Terrie Lennie, Dir. Ph.D. Program	University of KY., Lexington, KY
Ms. Debbie Linkous, CNO	KY River Medical Ctr., Jackson, KY
Dr. Sharon Locke, Associate Dean	University of KY., Lexington, KY
Mr. Samuel Lowe, State Investigative Officer/KY Board EMS	KY CTC System, Olive Hill, KY
Ms. Tracy McFarland, Education Dept.	St. Joseph Hospital, Mt Sterling, KY
Ms. Debbie Nolder, Prog. Coord.	Maysville CTC, Maysville, KY
Ms. Stacy Patrick, CNO/VP Patient Svcs.	King's Daughter Medical Ctr., Ashland, KY
Ms. Drema Perkins, Director	SCRMC, Morehead, KY
Ms. Tracy Rexford, Clinical Educator	St. Joseph Hospital East, Lexington, KY
Dr. Maria Revell, Consultant for the MSN Regents Online Degree Program & CCNE Program Accreditation Reviewer	Tennessee Board of Regents, Nashville, TN

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## 2013 SNA

Concluding this semester, SNA had two successful meetings conducted by the newly elected officers. The new officers are: Jaysa Stark (President), Jeff Bonczkowski (Vice President), Shontia Daugherty (Secretary), and Megan Anderson (Treasurer). Tuesday, April 16<sup>th</sup>, rounded out the last meeting of the semester and several upcoming events were discussed. Firstly, t-shirt orders were extended until the end of the week. As of Monday, May 13<sup>th</sup> the t-shirts were finished printing and are now completed. At the beginning of next semester we will pass those out as many have headed home for the Summer. We will announce the dates of t-shirt pick-up times closer to next semester. Secondly, a back –to-school softball game for next semester was discussed. Everyone stay tuned for more information in regards to organizing teams, getting money for softball shirts, and gathering donations for the concession stand. Lastly, we are planning on being heavily involved in all the activities for March of Dimes. We will be raising money and participating in the walk which takes place September 15<sup>th</sup>. We will organize a team and come up with a creative name to display on our own MSU Nursing March of Dimes t-shirt. The money raised from the t-shirts will also be donated to the March of Dimes. Everyone keep up...as next semester promises to be a busy and fun one!

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### Spring 2013 in the Department!

Dr. Howell serves the Eastern Kentucky region in many different venues most notable is her work with *Camp Smile*, which is a program that works with childhood bereavement.

The Department of Nursing will hold an annual Advisory Board meeting on Friday, October 18, 2013 at 10:30 a.m. in the De-Moss Conference Center in the Center for Health, Education and Research (CHER) Building. Faculty and staff made nominations for persons to serve on the Advisory Board and we have a 42-member board representing several sectors of our communities of interest.

### 2013 Camp Smile



MSU Student Chelsea Howell, a Certified Archery in the Schools Instructor, teaches a camper the basics of archery.

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### Department of Nursing Advisory Board Member Roster

Dr. Dayna Seelig, Professor	Morehead State University, Morehead, KY
Ms. Jennifer Smith	St. Joseph Hospital, Mt Sterling, KY
Dr. Patty Spurr, Associate Dean	Spalding University, Louisville, KY
Ms. Lisa Wallace, Education Dept.	SCRMC, Morehead, KY
Dr. Deborah Whitehouse, Dean	EKU, Richmond, KY
Ms. Deborah Williams, Prog. Coord	Licking Valley Campus, Cynthiana, KY
Ms. Arlene Willoughby, Education Dept.	Windsor Care Center, Mt Sterling, KY
Ms. Lerae Wilson, CNO	SCRMC, Morehead, KY
Ms. Lisa Wilson	King's Daughter Medical Ctr., Ashland, KY
Ms. Judy Young, Staff Dev. Specialist	VAMC, Lexington, KY



# 2013 Celebration of Student Scholarship Poster Presentations

Over 40 BSN junior nursing students participated in the 8th annual Spring 2013 Morehead State University Celebration of Student Scholarship event for their NURB 361 - Nursing Research course held in April. There were ten posters presented by individuals and groups from the course, with two groups' posters winning recognition by the judges.

Michelle McClave, Assistant Professor in the Baccalaureate Nursing Program, served as mentor for the projects. The students completed the following group projects regarding a variety of nurse-centered healthcare indicators.



Dr. Wayne Andrews, Dr. Karla Hughes, Dr. Roger McNeil, Michelle McClave, and Department of Nursing BSN Students

**Alalawi, H., Bush, S., Heflin, T., Hicks, M. & McClave, L.M.** (2013, April). *Recommendations for non-pharmacological techniques to reduce pain in the medical-surgical setting*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Bach, J., Farmer, C., Hedge, S., Helton, A., McClave, L.M. & Porter, L.** (2012, November). *Comparison of nursing interventions for the prevention of hospital acquired pressure ulcers*. Kentucky Nurses Association annual convention, Louisville, Kentucky.

**Bauer, J., Branam, S., Huff, K., McClave, L.M., Mullins, N. & Stark, J.** (2013, April). *Maintaining patient confidentiality and dignity through compliance with HIPAA-related policies and procedures*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Bond, S., Fletcher, M., Harless, A., McClave, L.M., & Pack, K.** (2013, April). *Cultural communication barriers and combatting their effects on patient outcomes in the clinical setting*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Bledsoe, C. & Hedge, S.** (2012, November). *Examining nursing documentation in patient care*. Kentucky Nurses Association annual convention, Louisville, Kentucky.

**Branam, S. & McClave, L.M.** (2013, April). *A gerontological nursing clinical reflection narrative project*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Clift, R., Daniel, B., Gabbard, M., McClave, L.M. & Miniard, K.** (2013, April). *Recommendations for improving hand-off communication on an acute care observation unit*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Cook, A., Daugherty, B., Gaddie, S., Foss, G., McClave, L.M. & Sewell, L.** (2013, April). *Nursing staff education recommended for reducing skin breakdown prevalence and severity in the clinical setting*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Fannin, C., McClave, L.M., Miller, A., Peterson, A., Smith, M., Wagner, C. & Witham, K.** (2012, November). *Best evidence-based techniques for smoking cessation*. Kentucky Nurses Association annual convention, Louisville, Kentucky.

**Hicks, M., Hughes, R., Humphreys, G., McClave, L.M. & Whitt, A.** (2013, April). *Development of an evidence-based protocol to prevent Clostridium difficile associated disease*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Hill, K., Kramer, M., McClave, L.M., Neal, C. & Rice, M.** (2013, April). *The development of an electronic health record evidence-based protocol*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Key, D., McClave, L.M., Myers, I., Pugh, A. & Wilkin, T.** (2013, April). *Recommendations to prevent medical equipment cross-contamination of medical-surgical inpatients*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**McClave, L.M., Pacitto, A., Sanders, M., Shepherd, S., Skaggs, D. & Thornsberry, M.** (2013, April). *Education regarding proper hand hygiene to decrease hospital-associated infections*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

**Martinez, M., McClave, L.M., Richmond, J., Synder, A., Tackett, B. & White, J.** (2013, April). *Exploration of patient identification solutions to reduce medication errors*. Morehead State University Celebration of Student Scholarship, Morehead, Kentucky.

## 2013 College of Science and Technology Academic Honor's Banquet

The College of Science and Technology hosted the annual academic honors banquet where students received special awards, recognitions, and scholarships. This event was held in May. The students were also recognized by their respective departments for their student presentations and publications.



Dr. Lynn Parsons, Dr. Lucy Mays, & Linda Snowden

**ADN**  
 Linda Snowden ..... Outstanding ADN Second Level Student  
 Dara Furman ..... Outstanding ADN First Level Student

**BSN**  
 Cody Plank ..... Outstanding BNP Senior Student  
 Kelsey Hill ..... Outstanding BNP Junior Student  
 Marsheena Brock ..... Outstanding BNP Sophomore Student  
 Karen Schmoutz ..... Outstanding RN-BSN Student



Dr. Lynn Parsons & Cody Plank



Dr. Lynn Parsons & Kelcey Hill



Dr. Lynn Parsons & Karen Schmoutz

### 2013 ADN Graduate Awards

The Department of Nursing Associate Degree in Nursing Program (ADNP) hosted a graduate awards reception for May graduates where students received special awards, recognitions, and scholarships.

Art of Nursing Award ..... Linda Snowden  
 “Voted on by peers and faculty as the nursing student they would choose to take care of themselves or a family member”.  
 Excellence in Nursing Award presented by St. Claire .... Morgan Hardin  
 HESI RN Exit Exam Award ..... Linda Snowden  
 HESI Pharmacology Award ..... Lindsay Brown & Joseph Walter  
 Honor’s Award - Outstanding Student ..... Linda Snowden

### 2013 BSN Graduate Awards

The Department of Nursing Bachelor of Science Degree in Nursing (BSN) Program hosted a graduate awards reception for May graduates where students received special awards, recognitions, and scholarships.

Students were recognized for the achievement of their Baccalaureate of Science in Nursing degree and their dedication to the nursing profession. Several students were also recognized for their performance in particular areas associated with the Baccalaureate Nursing Program.

Art of Nursing Award ..... Amber Miller  
 “Voted on by peers and faculty as the nursing student they would choose to take care of themselves or a family member”.  
 HESI RN Exit Exam Award ..... Ashley Peterson  
 HESI Pharmacology Award ..... Ashley Peterson  
 Honor’s Award - Outstanding Student ..... Cody Plank  
 Nursing Leadership Award presented by St. Claire ..... Kelsie Witham  
 Service Award ..... Jeremy Bach & Hannah Wagner  
 Simulation Award ..... Jordan Allard



May 2013 BSN Graduates



Dr. Kim Clevenger & Amber Miller



Michelle McClave & Jordan Allard



## 2013 Rowan County Community Baby Shower

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The Northeast AHEC hosted the 12th annual “OH BABY ! It’s a Baby Shower” on Saturday, April 6, 2013 at the Morehead Conference Center. This event is a collaborative partnership with St. Claire Regional and Northeast Area AHEC.

Fifty-five nursing students from NURA 107 in the Associate Degree Nursing Program participated in a service learning endeavor.

The nursing students (with ADNP Faculty members Dr. Teresa Howell and Dr. Teresa James and clinical instructors Hollie Green and Whitney Frizzell) provided educational sessions to over 400 participants. Sessions provided information on pregnancy, newborn care, and tips for new dads.



## First Overnight Camp SMILE a Big Success!



"MSU Nursing Faculty, nursing students, volunteers and St. Claire Regional Hospice Staff".

This was the 7<sup>th</sup> year for Camp SMILE (Sharing Memories in a Loving Environment) a bereavement camp for kids. Morehead State University Department of Nursing in collaboration with St. Claire Regional Hospice decided to try something different this year --an overnight camp that was held at Camp Judy Layne August 2 thru August 4. Nursing students take NUR 385: Camp Nursing developed by MSU Nursing Faculty, Dr. Nathania Bush and Dr. Teresa Howell, in the spring semester to prepare for a field experience (Camp SMILE) in the summer. Thirty-two students in NUR 385 developed age-specific bereavement activities to be used at Camp SMILE. Campers participated in therapeutic bereavement activities that focused on healthy coping skills, support systems, stages of grief, feelings associated with grief and acceptance of the loss. The 30 children in attendance, ages 7-17, arrived at camp on Friday afternoon and were picked up by their caregivers Sunday morning.

In addition to small groups, crafts and games, the children were able to participate in activities provided at Camp Judy Layne. Saturday afternoon was dedicated to the children being “survivors” emphasizing that each camper had the ability to overcome challenges and obstacles in life. During this activity kids applied face paint, bandanas and had the opportunity to participate in archery, rock wall climbing, canoeing and an obstacle course. One 9-year-old camper expressed “how proud Daddy would be that I climbed so high!”

## 2013 WellFest

On Wednesday, October, 31st, 2012 the Department of Nursing hosted the annual WellFest event where nursing students pictured at right educate the campus and local community on topics from the effects of smokeless tobacco to cyber bullying. The education ranges from verbal interaction to games and activities. Over 500 participants cycled through the event. There were over 50 different health promotion booths/ activities for the participants to enjoy. Both the Associate and Bachelor Degree student participated. Associate Professor Amy Brown and Assistant Professor Christa Bledsoe co-hosted the event.



# 2013 Haiti Trip

On May 18, 2013, 12 MSU nursing students, 2 faculty, 2 clinical instructors, 1 pharmacist, and 17 checked bags full of medical supplies headed for MSU's 4th Medical Mission Trip to Haiti. In five very hot and long days over 1200 Haitians received medical care. The group hiked rough terrain to a mountain village, went to Haitian schools, orphanages, and feeding centers to provide care. Up every morning by 5:30 a.m. and staying up late to pack supplies for the next day, the group worked very hard all week. As usual this was a very rewarding trip, and the students represented MSU well. A second group of MSU faculty and students left on July 24 with a total of 7 members.



## Important Dates

August 19.....	Fall 2013, Semester Begins
September 2.....	Labor Day
October 9.....	1st Half Sem. Classes Ends
October 10 & 11.....	Fall Break
October 14.....	2nd Half Sem. Classes Begin
October 14.....	Mid-Term Grades
November 6-19.....	Advance Registration for Spring 2014
November 27-29.....	Thanksgiving Break
December 9-13.....	Final Examinations
December 13.....	Fall 2013, Semester Ends



For more information about the Department of Nursing programs, please visit [www.moreheadstate.edu/nursing](http://www.moreheadstate.edu/nursing)

## Where Are You Now?

Please take a moment to tell us where you are in your personal and professional life. E-mail or fax the information card below to [m.lilley@moreheadstate.edu](mailto:m.lilley@moreheadstate.edu)/606-783-9211

Name \_\_\_\_\_ Maiden Name \_\_\_\_\_

Spouse's Name \_\_\_\_\_ Maiden Name \_\_\_\_\_ MSU Class Yr \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_ Tel. \_\_\_\_\_

**Employment Information:**

Business Name \_\_\_\_\_ Title \_\_\_\_\_

Business Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_ Tel. \_\_\_\_\_