

Department of Nursing



Nursing News

WWW.MOREHEADSTATE.EDU

VOLUME 13, ISSUE 5
JUNE, 2019

Welcome from the Chair

Faculty and staff in the nursing department had a productive spring 2019 semester! Two “Nurses Day” events were held in a joint effort with Morehead State University’s (MSU) Enrollment Services Department. Close to 200 high school students and their parents came to campus twice this semester for a ½ day recruitment event. Parents were given information about campus life, services for students and the nursing curriculum by two of the nursing faculty. Students participated in different “hands-on” breakout sessions with varied activities; vital signs/heart & lung sound assessment, advanced cardiac life (ACLS) support simulation, injections, empathy bellies (simulates pregnancy) and practice with otoscopes. Both of our Counseling Coordinators had a session sharing information about the nursing curriculum and admission criteria.



Dr. Lynn C. Parsons
Department Chair

Senior baccalaureate students were present during this session and shared information about Camp Smile, the childhood bereavement camp sponsored by the Department of Nursing under the leadership of Drs. Teresa Howell and Nathania Bush. Additional information about Haiti Missions that our MSU nursing students participate in and the Student Nurses Association (SNA) was also shared.



In this Issue...

Welcome from the Chair.....	1
AASN Coordinator’s Report.	2
BSN Coordinator’s Report.....	3
Online Programs Coordinator Report...	4

Above: Students visiting during Nursing Day had a chance to win scholarships.

Right: Parents and students ask questions of faculty and staff during the program presentation portion of Nursing Day, before heading upstairs to the labs for hands-on experience.



Continued on page 5

AASN Coordinator's Report



Dr. Teresa Howell, DNP,
RN, CNE Program
Coordinator

Greetings from the Associate of Applied Science in Nursing Program! We are gearing up for Fall 2019 with a full class (60 students) and a waiting list! The AASN is accredited by the Accreditation Commission for Education in Nursing (ACEN) and will host a continuing accreditation site visit in October 2020.

The AASN Program had 26 graduates in Spring 2019. During the spring Department of Nursing Pinning Ceremony the AASN presented the following awards:



Dr. Teresa Ferguson
DNP, RN, CNE
Assistant Coordinator
AASN Mt. Sterling Campus

Morgan Cathers-The Art of Nursing. This award is presented to the graduate that faculty and classmates vote as the nurse they would most want to care for them or their family. Morgan Cathers received the AASN Excellence in Simulation Award at the Morehead Campus and Kelly Anderson at the Mt. Sterling Campus.

Megan Hatfield received the AASN Pharmacology Award for the Morehead Campus and Jennifer Wease for the Mt. Sterling Campus.. The AASN graduate receiving the award for the highest NCLEX-RN Predictor Score was Ashley Smith.



MSU ADNPs GRADUATES MAY 2019



Students in Dr. Teresa Howell's course NURA 117 (Maternal-Child Nursing Concepts) presented evidence-based teaching projects at the annual Community Baby Shower sponsored by St. Claire Healthcare. Presentations included topics such as Nutrition in Pregnancy, Adjusting to Parenthood, Shaken Baby Syndrome, Drug Use/Abuse, Pregnancy Discomfort, Breastfeeding, Bathing and Skin Care and many others.

Continued on page 6

Nursing News
is published by the
Department of Nursing
Morehead State University
CHER 201
316 W 2nd St.
Morehead, KY 40351
Tel. 606-783-2296
Fax. 606-783-9104
www.moreheadstate.edu/nursing

Rowan County Allied Health Summer Camp met on campus this summer to learn about Nursing programs. Faculty and staff met with high school students to talk about a variety of subjects including human trafficking, nutrition and being a part of the MSU Eagle family.



BSN Coordinator Report



Dr. Kim Clevenger
BSN Program
Coordinator

Greetings from the BSN Program! As we close out the spring semester and prepare for the start of the fall semester, I wanted to share some exciting things that have occurred in the BSN program!

Nursing Awards

Faculty & staff celebrated the academic accomplishments of our baccalaureate graduates with a graduate recognition ceremony held in Button Auditorium on May 3, 2019. The Pre-Licensure BSN Program presented the following awards during the ceremony.

Lakeyn Green-BSN Excellence in Clinical Simulation Award; **Mark Campbell**-BSN HESI Pharmacology Award; **Abigail Wright**-BSN Excellence in Nursing Research

Award; **Carli Burton**-BSN Academic Excellence Award; and **Tyler Stephens & Tanner Young**-BSN Excellence in Service Award. **Tanner Young** also received the coveted BSN Art of Nursing Award. This award is presented to the graduate selected by their classmates and faculty as the nurse whom the student and faculty member would select to provide care for them or a member of their family.

There were many faculty accomplishments during the past academic year as all of our faculty continue to take part in service and scholarly activities. Lisa Wallace is actively working on her Doctor of Nursing Practice degree (DNP) through ECU. Suzi White will be completing her DNP through the University of Kentucky by the end of the summer.

Celebration of Student Scholarship

The BSN Junior class participates in the Celebration of Student Scholarship held on campus each April to showcase their research completed under the direction of faculty mentors. Students complete group research projects on current nursing sensitive quality indicators, The Joint Commission's National Patient Safety Goals, NDNQI or National Quality Forum issues. MSU's Office of Research and Sponsored Programs and the MSU BSN faculty are committed to providing students with high quality research and creative opportunities. This Annual Celebration is an excellent illustration of the integration of scholarship, teaching, and learning!

Students and Faculty Giving Back to the Community

Our BSN Students and Faculty continue to impact in the service region and beyond by volunteering their time outside the classroom. Each BSN student completes 20 hours of community service each semester. Our BSN students completed a total of 6,900 volunteer hours during the 2018-2019 academic year! We are so proud of our students for giving back to the community at the local, the state, and the international level!

Continued on page 5

Where are you now?

We are interested in our alumni, all graduates of MSU Nursing programs. Please take a moment to tell us where you are in your personal and professional life. Send an email with your updated name, number, current employment, and current location! Direct your email to Becki Alfrey, re.alfrey@moreheadstate.edu.

Name _____ Maiden Name _____
 Spouse's Name _____ Maiden Name _____ MSU Class Yr _____
 Mailing Address _____
 City _____ State _____ Zip _____
 E-mail Address _____ Tel. _____
Employment Information:
 Business Name _____ Title _____
 Business Address _____
 City _____ State _____ Zip _____
 E-mail Address _____ Tel. _____

Online Programs Coordinator Report

The Master of Science in Nursing (MSN), Family Nurse Practitioner Program (FNPP), with a primary focus has completed two years of course work and admitted four cohorts of students. Three courses will be taught for the MSN program this summer.

We would like to congratulate Susan Woodard with the MSN Honor's Award for having the highest GPA. The MSN Program was awarded accreditation by the Commission on Collegiate Nursing Education (CCNE) at their annual meeting in May. There are currently 47 active students enrolled in the MSN program. The first cohort of students is scheduled to graduate Fall 2019.



Dr. Lucy Mays
Online Programs Coordinator

There are currently 102 students enrolled in the Post-Licensure Baccalaureate Nursing Program. There were 19 graduates from the Post-Licensure Baccalaureate Nursing Program for the May 2019 commencement ceremony. We would like to congratulate Kristy Gilliam with the Honor's Award for having the highest GPA in the Post-Licensure Baccalaureate Nursing Program. Capstone project award winners were Jill Grier and Rebecca Rice. We are very proud of our graduates and look forward to seeing the positive contributions they make to the health care environment.

The Online Nursing Programs would like to provide public notification of a curricular change as follows:

Post-Licensure Baccalaureate of Nursing Program

One new courses were approved by the university curriculum committee and will be offered this fall. This course will serve as NURS "Elective Courses" which students can take to meet Post-Licensure Baccalaureate of Nursing Program requirements. This courses will also serve as free/general electives for other MSU majors.

NURS 401: Disaster and Emergency Management. (3-0-3) Fall and Spring. Open to any interested student. A study of the cause, impact and mitigation of disasters and emergency management.

COURSE STUDENT LEARNING OUTCOMES:

Upon completion this course, the student will be able to:

1. Critically explore disaster preparedness at the local and national level.
2. Critique ethical and legal issues through a disaster perspective.
3. Analyze the impact of disaster on high-vulnerability populations.
4. Explore the impact of natural disasters and methods of mitigating harm.
5. Analyze chemical, biological and radiological threats to humanity
6. Adapt triage and health management to the disaster setting.
7. Outline available resources for disaster planning and mitigation.

If you have any questions or concerns regarding these curricular changes, please contact the Department of Nursing at 606-783-2296 or nursingdept@moreheadstate.edu .



Commission on Collegiate Nursing Education

655 K Street, NW, Suite 750

Washington, DC 20001

P: (202) 887-6791

F: (202) 887-8476



The Online RN-BSN Program ranked #2 in Kentucky according to a study by RegisteredNursing.org, a nursing advocacy organization. This ranking is up from #5 last year.

In mid-July Morehead State University's nursing program was notified that their fully Online RN to BSN program was ranked #2 in the Commonwealth of Kentucky! The announcement came from Registered Nursing.org. Methodologies used to determine school rankings included: accreditation status, number of online programs at the institution, program completion rates, tuition and

fee structure adjusted for each county's cost of living factor, ratio of teaching faculty that are tenured, nursing program completion rates compared to the University completion rates, ratio of instructional faculty who are tenured, acceptance rate for the University and graduation rate at 150% of the normal time.

The Online RN to BSN program at Morehead State University is nationally accredited by the Commission for Collegiate Nursing Education (CCNE) through 2025! Courses are mainly taught in 8-week semester and some 4-week semesters in the summer and winter terms. The majority of full-time faculty teaching in the program are tenured or are on a tenure-track earning line. The curriculum was recently revised to reflect the most current evidenced-based practices that are geared toward the practicing RN student.

Course reviews, completed by online students are overwhelming positive with comments that center around the flexibility of the program, online courses and the willingness of the faculty to go the extra mile and help the students receive a practical and quality nursing education.

BSN Coordinator's Report continued from page 3

Participants in the Celebration of Student Scholarship were:

- **Use Of A Strategy List To Decrease Interruptions During Medication Administration**
Ashley Bowling, Emily Ashley, Haley Back, Helyna Bissell, Sydney Chadwell
- **Strategies To Improve Nurse To Patient Ratios And Its Effects On Patient Outcomes**
Alex Meador, Holly Haskins, Jonna Watkins, Olivia Ritchie, Sara Setser
- **Reducing Errors Associated With Intravenous Medication Administration**
Andrea Howard, Blake Smith, Chanel Wilder, Susie Chaney
- **Increasing The Use Of Patient Hand Hygiene In The Hospital Setting**
Ariana Jackson, Gage Grimes, Haley Mills, Katlin Moore, Michaela Oaks
- **Exploring The Effects Of CAM Therapies Compared To Opioid Administration In A Hospital Setting**
Aaron Hutchison, Brian Witt, Emily Rogers, Sidney Logan
- **Evidence Based Standardized Report Tool**
Karrie Holloway, Scarlet Strong, Trey Swartz, Whitney Strange
- **Evidence Based (EB) Solutions To Positively Improve Patient Outcomes In Emergency Department (ED) Boarding**
Abigail Timm, Anna Rucker, Brent Pierce, Tessa McCord
- **Effectiveness Of Using Disposable Chlorhexidine Wipes Compared To Traditional Bed Baths**
Benjamin Hill, Cheyenne Wells, Madeline Wilson, Olivia Moore
- **Development Of An Evidence Based Protocol For Improving Quality Of Care By Increasing Certified Nursing Assistants**
Kacey Cox, Katelyn Rogers, McKenzie Cooper, Regan Bohrer
- **Cardiovascular Risk Reduction Of College Students Via Social Media**
Amanda Mapes



Camp SMILE was held for the 12th year at the Four Seasons Christian Camp (Camp Lyons) in Bath County. Camp SMILE is a collaborative partnership with St. Claire HealthCare which provides a service to children (ages 6-17) in the region who have lost a significant person in their lives. MSU faculty members Dr. Teresa Howell and Dr. Nathania Bush teach NUR 385 Camp Nursing. MSU nursing students take the course and then attend camp gaining valuable pediatric experience while serving the community.



MOREHEAD STATE UNIVERSITY

ASSOCIATE OF APPLIED SCIENCE IN NURSING PROGRAM

The Associate of Applied Science in Nursing (AASN) program combines general education studies with nursing theory and clinical education, preparing you for a number of rewarding health care careers.

The AASN program offers courses on the Morehead and Mt. Sterling campuses through face-to-face and distance learning.

Admission Criteria:

ACT Score 20 or higher

GPA 3.0 or higher with a minimum grade of "C" in prerequisite courses.

BIOL 234: Human Anatomy and Physiology I (3 credit hours)

Math Core: Math 135 recommended (3 credit hours)

ENG 100: Writing I (3 credit hours)



As a student in MSU's nursing program, you will have the opportunity to practice nursing skills in a hands-on learning environment using high-fidelity patient simulators in the campus laboratory with one-on-one attention from faculty and staff.

COURSE SEQUENCE

Assuming prerequisite requirements have been met.

FIRST SEMESTER

BIOL 235: Human Anatomy Physiology II (3 credit hours)

NURA 114: Fundamental Nursing Concepts (7 credit hours)

FYS 101: CORE First Year Seminar (3 credit hours)

SECOND SEMESTER

PSY 154: Introduction to Psychology (3 credit hours)

NURA 115: Nursing Care Concepts I (5 credit hours)

NURA 117: Maternal Child Concepts (3 credit hours)

ENG 200: CORE Writing II (3 credit hours)

THIRD SEMESTER

NURA 211: Mental Health Concepts (4 credit hours)

NURA 212: Nursing Care Concepts II (5 credit hours)

COMS 108: CORE Oral Communication (3 credit hours)

FOURTH SEMESTER

NURA 214: Transitional Nursing Concepts (2 credit hours)

NURA 215: Advanced Nursing Concepts (10 credit hours)

For more information about MSU's Associate of Applied Science in Nursing Program, visit www.moreheadstate.edu/nursing.

The AASN is accredited through:

Accreditation Commission for Education in Nursing (ACEN)

3343 Peachtree Road NE, Ste. 850,

Atlanta, GA 30326

Phone: 404-975-5000, Fax: 404-975-5020



Morehead State University Department of Nursing

Center for Health, Education and Research

316 W. Second Street | Morehead, KY 40351

606-783-2296 | nursingdept@moreheadstate.edu

MSU is an affirmative action, equal opportunity, educational institution.

MOREHEAD STATE UNIVERSITY

ONLINE RN TO BSN NURSING PROGRAM

The RN-BSN program consists of eight-week modules and can be completed on a part-time basis for working RN's.

If you're a working nurse who wants to take your education to the next level, Morehead State can help you achieve your goal with our online post-licensure nursing program.

The online program will give you the convenience to study in a way that fits into your busy lifestyle. You can "go to class" wherever you have an Internet connection.

To be admitted to the program, you will need to be a registered nurse with an active license without restrictions.

COURSE SEQUENCE

Assuming MSU general education and support course requirements have been met.

FIRST SEMESTER

NURB 327: Transition to Professional Nursing Practice (4 credit hours)
NURB 309: Health Care Delivery Systems (3 credit hours)
NURB 314: Health Assessment in Nursing (3 credit hours)
NURS Electives - 300 level or above (3 credit hours)

TOTAL CREDIT HOURS: 13

SECOND SEMESTER

MATH 353: Statistics (3 credit hours)
NURB 407: Population Health (4 credit hours)
NURS 349: Pharmacology (3 credit hours)
NURS Electives - 300 level or above (3 credit hours)
BIOL 336: Pathophysiology (4 credit hours)

TOTAL CREDIT HOURS: 17



"My favorite thing about MSU is that the post-licensure program was able to provide the flexible scheduling and online classes that I needed to successfully balance my hectic schedules - but still had the support and security of a traditional college environment. Learning new skills and concepts improved my ability to recognize abnormalities or change what could otherwise be detrimental."

Melissa King
West Liberty, KY
Graduate, BSN post-licensure

THIRD SEMESTER

NURB 406: Evidence Based Practice (3 credit hours)
NURB 409: Leadership in Nursing (4 credit hours)
NURS Electives - 300 level or above (3 credit hours)
NURB 408: Quality Improvement in Nursing (3 credit hours)

TOTAL CREDIT HOURS: 13

FOURTH SEMESTER

NURB 421: Nursing Synthesis Practicum (3 credit hours)
NURB 499D: Nursing Synthesis (3 credit hours)

TOTAL CREDIT HOURS: 6

For more information about MSU's post-licensure nursing program, visit www.moreheadstate.edu/nursing.

The Post-Licensure Baccalaureate Nursing Program at Morehead State University is accredited by the Commission on Collegiate Nursing Education (www.aacn.nche.edu/ccne-accreditation) and the Kentucky Board of Nursing.



Morehead State University Department of Nursing
Center for Health, Education and Research
316 W. Second Street | Morehead, KY 40351
606-783-2296 | nursingdept@moreheadstate.edu

MSU is an affirmative action, equal opportunity, educational institution.

MOREHEAD STATE UNIVERSITY

BACHELOR OF SCIENCE IN NURSING PROGRAM (BSN)

The pre-licensure nursing program leads to a Bachelor of Science in Nursing (BSN) degree. The BSN program combines general education courses with professional nursing theory and clinical education.

Admission Criteria:

ACT Score 20 or higher

GPA 3.0 or higher with a minimum grade of "C" in prerequisite courses. BIOL 234 & BIOL 235, FYS 101, ENG 100, MATH 135, PSY 154, COMS 108, ENG 200, CHEM 101 & 101L

SBS I Elective Course

GPA 2.5 or higher on BIOL 234, BIOL 235 & MATH 135

The application deadline dates are **March 15** for fall semester and **Oct. 15** for spring semester. The Department of Nursing admission application form is available online at www.moreheadstate.edu/nursing.



The nursing program will prepare you to function as a generalist in a number of settings and work in collaboration with other health professionals to coordinate and improve the health care of individuals, families and communities. Additionally, the BSN program provides a foundation for graduate study in clinical specialties, research, teaching, supervision and/or administration.

COURSE SEQUENCE

Assuming prerequisite requirements have been met.

SOPHOMORE YEAR/FIRST SEMESTER

BIOL 217 & 217L: Elem. Medical Microbiology & Lab (4 credit hours)

NURB 260: Concepts of Hlth & Wellness in Nursing (3 credit hours)

NURB 262: Foundational Skills for Prof. Nursing (6 credit hours)

PSY 156: Life Span Develop. Psychology (3 credit hours)

SOPHOMORE YEAR/SECOND SEMESTER

BIOL 336: Pathophysiology (4 credit hours)

NURB 264: Family Health Nursing (6 credit hours)

NURB 266: Community-based Nursing Care (5 credit hours)

Humanities I: (3 credit hours)

JUNIOR YEAR/FIRST SEMESTER

NURB 318: Pharmacology & the Nursing Process (3 credit hours)

NURB 320: Care of Older Adults (5 credit hours)

NURB 322: Mental Health Nursing (4 credit hours)

MATH 353: Statistics (3 credit hours)

JUNIOR YEAR/SECOND SEMESTER

NURB 324: Acute Alterations in Adult Health I (7 credit hours)

NURB 326: Advanced Nursing Assessment (3 credit hours)

NURB 361: Nursing Research (3 credit hours)

SENIOR YEAR/FIRST SEMESTER

NURB 420: Acute Alterations in Adult Health II (7 credit hours)

NURB 422: Chronic Alterations in Health (5 credit hours)

NURB 424: Public Health (3 credit hours)

SENIOR YEAR/SECOND SEMESTER

NURB 461: Nursing Leadership (3 credit hours)

NURB 498: Nursing Senior Seminar (3 credit hours)

NURB 499C: Advanced Nursing Practicum (3 credit hours)

Humanities II: (3 credit hours)

The baccalaureate degree program in nursing at Morehead State University is accredited by the Commission on Collegiate Nursing Education, 655K Street, NW, Suite 750, Washington, DC 20001, 202-887-6791



**MOREHEAD STATE
UNIVERSITY**

NURSING

Morehead State University Department of Nursing

Center for Health, Education and Research

316 W. Second Street | Morehead, KY 40351

606-783-2296 | nursingdept@moreheadstate.edu

MSU is an affirmative action, equal opportunity, educational institution.



**MOREHEAD STATE
UNIVERSITY**

ONLINE MSN/FNP PROGRAM



The Master of Science in Nursing (MSN) Family Nurse Practitioner (FNP) Program is designed for registered nurses who already hold a bachelor's degree in nursing and want to become advanced-practice nurses. Classes for the program are offered online and you can enroll full-time or part-time, making it easy to fit classes into your busy schedule.

CLASSES YOU'LL TAKE

The family nurse practitioner program consists of **49 credit hours**.

Course Number	Description	Credits	Course Number	Description	Credits
NURG 610	Health Assessment for Advanced Practice	3	NURG 631	Pediatrics for Advanced Practice	3
NURG 612	Pharmacology for Advanced Practice	3	NURG 632	Childbearing and Women's Health for Advanced Practice	2
NURG 613	Pathophysiology for Advanced Practice	3	NURG 633	Care of the Aging Population	3
NURG 618	Evidence-Based Practice for Advanced Practice Nurses	3	NURG 634	Common Alterations in Primary Care	3
NURG 640	Population Health and Epidemiology for Advanced Practice	3	NURG 641	Complex Alterations in Primary Care	3
NURG 620*	Roles and Issues for Advanced Practice	2	NURG 636*	Advanced Procedures	1
NURG 630	Health Promotion and Disease Prevention	3	NURG 635	Practicum I (200 clinical hours)	3
NURG 642	Health Policy and Economics	2	NURG 645	Practicum II (200 clinical hours)	3
NURG 650	Professional Practice	3	NURG 655	Practicum III (200 clinical hours)	3

**NURG 636 requires one weekend of hands-on clinical practice at Morehead State University.*

** Students who already have a master's degree will take NURG 621 post graduate. (1 credit hour)*

Morehead State University Department of Nursing
Center for Health, Education and Research
316 W. Second Street | Morehead, KY 40351
606-783-2296 | nursingdept@moreheadstate.edu

www.moreheadstate.edu/study/nursing-fnp

MSU is an affirmative action, equal opportunity, educational institution.

ACCREDITATION

The Master's Degree in Nursing, Family Nurse Practitioner Program at Morehead State University is accredited by the Commission on Collegiate Nursing Education, 655 K Street, NW, Suite 750, Washington, DC 20001, P: 202-463-6930, F: 202-785-8320.